But Take It From Me



编舞者: Melissa Caldarone (USA) - September 2018

音乐: Take It From Me - Jordan Davis



'Note' It's a one wall dance so you have the choice of either dancing alone in a line or, invite a partner to dance with you!

#16 count intro

Step to right, rock fwd, recover back, shuffle left

1 - 3 step R to right, rock L forward, recover R back4 & 5 step L to left, step R together, step L to left

Rock back, recover fwd, shuffle right

6 - 8 rock R back, recover L forward, step R to right

& 1 step L together, step R to right

Rock fwd, recover back, shuffle back

2 - 3 rock L forward, recover R back4 & 5 ball step L to meet R, step L back

Rock back, recover fwd, shuffle front

6 - 7 rock R back, recover L forward 8 & step R front, bring L to R (weight L)

Walk, walk, shuffle step

1 - 2 walk forward with R, walk forward with L

3 & 4 step forward R, step L to R, step forward R (weight ends on Right)

Pivot 1/2 turn, turning triple step

5 - 6 step L forward, 1/2 pivot turn over right shoulder & transfer weight fwd on Right 7 & 8 full turn triple L-R-L over your R shoulder (weight ends on Left facing front wall)

Sway, sway, sway, sway

1 - 4 sway R, sway L, sway R, sway L (weight ends on Left)

Pivot turn, Pivot turn

5 - 6
5 - 6
5 - 6
7 - 8
step R forward, 1/2 pivot turn over left shoulder & transfer weight fwd on Left
7 - 8
step R forward, 1/2 pivot turn over left shoulder & transfer weight fwd on Left

And Repeat from beginning!

Restart: wall 3 after dancing 16 counts

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