

Snapchat

COPPER **NOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Val O'Connor (UK) - September 2018
音乐: Soy Como Snapchat - Yulien Oviedo & Nacho



Intro: 16 Counts - No Tags Or Restarts

R SIDE MAMBO, L FORWARD MAMBO, R MAMBO BACK, L SIDE MAMBO

1&2 Rock R to R side, (&) recover on L, step R next to L
3&4 Rock forward on L, (&) recover back on R, step L next to R
5&6 Rock back on R, (&) recover weight forward on L, step R next to L
7&8 Rock L to L side, (&) recover on R, step L next to R

R SIDE TOGETHER, SIDE TOGETHER ¼ R, L CROSS ROCK SIDE ROCK, L SAILOR

1-2-3&4 (Cuban hip style) Side R, step L next to R, side R, (&) L next to R, ¼ R step forward R (3)
5&6& Cross rock L over R, (&) recover on R, rock L to L side, (&) recover on R
7&8 Cross L behind R, (&) R to R side, L to L side

R ROCK BACK ¼ L, L ROCK BACK SIDE, R ROCK BACK ¼, L ROCK BACK SIDE

1&2 Cross rock back on R, (&) recover forward on L, ¼ L step back on R (12)
3&4 Rock back on L, (&) recover forward on R, step L to L side
5&6 Cross rock back on R, (&) recover forward on L, ¼ L step back on R (9)
7&8 Rock back on L, (&) recover forward on R, step L to L side

R CROSS SIDE, CROSS AND CROSS HITCH, L CROSS SIDE, CROSS AND CROSS HITCH

1-2-3&4& Cross R over L, L to L side, cross R over L, (&) L to L side, cross R over L, (&) hitch L across R (turning body R)
5-5-7&8& Cross L over R, R to R side, cross L over R, (&) R to R side, cross L over R, (&) hitch R across L (turning body L)

(These steps can be done in a Cuban hip style)

R CROSS ROCK, L CROSS ROCK, R CROSS AND HEEL, CROSS L, BOUNCE HEELS ½ R

1-2&3-4& Cross rock R over L, recover on L, (&) R to R side, Cross rock L over R, recover on R, (&) L to L side
5&6&7&8 Cross R over L, (&) step back on L, dig R heel forward, (&) step down on R, cross L Over R, (&) bounce both heels twice turning ½ R (weight on L) (3)

TOUCH R & HEEL & HEEL & TOUCH, & HEEL AND STEP, POINT HITCH ½ L

1&2&3&4 Touch R next to L, (&) step down on R, dig L heel forward, (&) step down on L, dig R Heel forward, (&) step down on R, touch L next to R
&5&6 (&) Step down on L, dig R heel forward, (&) step down on R, step forward on L
7&8& ¼ L point R to R side, (&) hitch R, ¼ L point R to R side, (&) hitch R (9)

R & L SAMBA STEPS, SYNCOPATED JAZZ BOX POINT R

1&2-3&4 Cross R over L, (&) rock L to L side, recover on R, cross L over R, (&) rock R to R side, recover on L
5-6&7-8 Cross R over L, step back L, (&) step R to R side, cross L over R, point R to R side (9)

½ R SIDE R, POINT L & POINT R, HITCH CROSS, L SIDE ROCK, SIDE R, HEELS TWIST

1-2&3&4 ½ R step R to R side, point L to L side, (&) step down on L, point R to R side, (&) hitch R across L, cross step R over L (3)
5-6&7&8 Rock L to L side, recover on R, (&) step L next to R, step R to R side, (&) twist both heels to R, and back to centre

START AGAIN
