

# Hit The Ground

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Betty Lee (CAN) - September 2018  
音乐: Hit The Ground - Kique Santiago



\*\*\*Step change on Count 3 & Count 4 of Section 2 during W3, W4, W6, W7, W9, W10  
Ending: After W11, facing 6:00, dance 6 counts of section 1, then shuffle ½ turn L

Intro: 32 counts

## S1. R&L (TOUCH, TOUCH, TRIPLE STEPS)

1-2            Touch R Toe forward, Touch R Toe to R side  
3&4           Triple steps in place RLR  
5-6           Touch L Toe forward, Touch L Toe to L side  
7&8           Triple steps in place LRL

## S2. OUT-OUT, IN-IN, SIDE, TOUCH, ¼ L FORWARD, BRUSH

1-2            Step R forward to R diagonal, Step L forward to L diagonal  
3-4            Step R back to centre, Step L next to R  
5-8            Step R to R side, Touch L next to R, ¼ turn L stepping forward L, Brush R forward (9:00)

\*\*\*\* Step change : Count3-4 of Section 2 on W3,W4, W6, W7, W9, W10

## \*S2. OUT-OUT, BACK/FLICK, CROSS, SIDE, TOUCH, ¼ L FORWARD, BRUSH

\*1-2 Step R forward to R diagonal, Step L forward to L diagonal  
\*3-4 Step R back /Flicking L behind (body angled to 1:30), Cross Step L over R  
\*5-8 Step R to R side, Touch L next to R, ¼ turn L stepping forward L, Brush R forward (9:00)

## S3. R&L (STEP-LOCK, STEP-LOCK-STEP)

1-2            Step forward R diagonally (10:30), Lock step L behind R  
3&4            Step Forward R, Lock step L behind R, Step forward R  
5-6            Step forward L diagonally (7:30), Lock step R behind L  
7&8            Step Forward L, Lock step R behind L, Step forward L

## S4. SIDE, TOUCH, ¼ L FORWARD, BRUSH, ROCKING CHAIR

1-2            Squaring up to 9:00/Step R to R side, Touch L next to R  
3               =4 ¼ turn L stepping forward L, Brush R forward  
5-8            Rock step forward on R, Recover onto L. Rock step back on R, Recover onto L

REPEAT