

# You Deserve Better

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Advanced  
编舞者: Fred Whitehouse (IRE) - August 2018  
音乐: You Deserve Better - James Arthur : (3:27)



## Intro – 40 Counts from start of track (approx:24 Seconds)

### [1-8] Step Sweep, Cross, Step Side, Heel Ball Step, ½ Turn Twist & Look, Touch x2

- 1,2&      Step RF forward sweeping LF from back to front, Step LF over R, step RF to R side  
3&4      Touch L heel to L diagonal, close LF next to R, step RF forward  
5,6&      Swivel both heels R making ½ turn L looking back over shoulder, recover heels back to center placing weight on LF, step RF back to R diagonal  
7&8      Touch LF next to R, step LF back to L diagonal, touch RF next to L

### [9-16] Push Step x2, Step, Out, Out, Swivel, Swivel Rise, Drop, Heel, Ball Step

- &1&2      Rock RF back diagonal, recover weight on to L, rock RF back diagonal, recover weight on to L (Push step, use the ball of the RF to Rock back)  
3&4      Step RF forward diagonal, step LF to L side, step RF to R side squaring up to 12.00  
&5,6      Swivel both heels R, swivel toes R and rise up on ball of feet facing diagonal, recover weight on LF (1.30)  
7&8      Touch R heel forward, close RF next to L, step LF forward

### [17-24] Sweep x2, Sailor ½ Turn R, Rock, Recover & Hitch, Weave

- 1,2      Step RF back sweeping LF from front to back, step LF back sweeping RF from front to back  
3&4      Step RF behind L, ¼ turn R stepping LF to L side, ¼ turn R stepping RF forward  
5,6      Rock LF forward, recover on R hitching L knee  
7&8      Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R

### [25-32] ¾ Box Turn, Ball Step, Slide Feet Apart, Drag Feet Back Together Making ¾ Turn L, Place Weight On LF

- 1,2      Step RF to R side, ¼ turn L stepping LF to L side,  
3,4      ¼ turn L stepping RF to R side, ¼ turn L stepping LF to L side (Styling: Pop Knees out on every ¼ Turn)  
&5,6      Close RF next to L, step LF to L side, twist both heels & body ¼ turn R (Push feet further apart if possible)  
7,8      Make ¾ Turn L pulling LF towards RF (Pull feet back together making ¾ turn) place weight on L

### (Restart Here During Wall 4)

### [33-40] Walk R,L, Rock & Cross, ¼ Turn R x2, Rock ,¼ Turn R, Cross

- 1,2      Step RF forward, step LF forward  
3&4      Rock RF to R side, cross RF over L  
5,6      ¼ turn R stepping LF back, ¼ turn R stepping RF forward  
7&8      Rock LF forward, ¼ turn R stepping RF to R side, cross LF over R

### [41-48] Heel Switches x2, Double Heel Switch R, Sailor ¼ Turn R, Triple Full Turn L

- 1&2&      Touch R heel to R diagonal as you swivel L heel in, close RF next to L, touch L heel to L diagonal as you swivel R heel in, close LF next to R (option: Touch R to R side, close R next to L, touch L to L side, close L next to R)  
3&4      Touch R heel to R diagonal as you swivel L heel in, touch RF next to L, touch R heel to R diagonal as you swivel L heel in (option: Touch R to R side, touch R next to L, touch R to R side)  
5&6      Step RF behind L, step RF to R side, ¼ turn R stepping RF forward

7&8            Make full turn L stepping L,R,L (triple full turn, weight ending on LF)

**[49-56] Camel Walks x4, Rock & Cross x2, Point RF to R Side**

1,2            1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee  
3,4            1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee facing  
                 12.00 (on all pops, tap both hands on hips to hit the beat)  
5&6            Rock RF to R side, recover on to L, cross RF over L  
&7            Rock LF to L side, recover on to R,  
&8            Cross LF over R, point RF to R side

**[57-64] ½ Turn L x2 (moon walk glides) & Lock, ½ Turn L Unwind, Walk R,L**

1,2            Step RF forward pushing LF back, ½ turn L placing weight on LF  
3,4            Step RF forward pushing LF back, ½ turn L placing weight on LF (1/2 turn moon walk glides)  
&5,6           Step RF forward, touch LF behind R, unwind ½ turn L placing weight on L  
7,8            Step RF forward, step LF forward

Happy Dancing.

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