

Shame Shame Shame

拍数: 48 墙数: 4 级数: High Improver
编舞者: Pia Rossen (DK) - September 2018
音乐: Shame - Elle King



Intro: 24 count. Weight on L foot. –

*3 Restarts.

Wall 2 (starts 9.00) after 40 counts facing 6.00.

Wall 5 (starts 12.00) after 24 counts facing 6.00

Wall 6 (starts 6.00) after 32 counts facing 9.00

(1 – 8) STEP LOCK, STEP LOCK STEP x 2

1-2 Step R diagonal (13.00), lock L behind R,
3&4 Step R fwd.. lock L behind R, step R fwd
5-6 Step L diagonal (13.00), lock R behind L
7&8 Step L fwd. , lock R behind L

(9-16) ROCK FWD R, R BACK SHUFFLE, ROCK L BACK, SHUFFLE 1/2 R

1-2 Rock R fwd. Recover on L,
3&4 Step R back, step L next to R, step R back.
5-6 Rock L back. Recover on R
7&8 Turn 1/4 R, step L to L side, step R next to L, turn 1/4 R step L back.

(17-24) R BACK ROCK, R HEEL BALL STEP, WALK R L , R HEEL BALL STEP

1 -2 Step back on R, recover on L
3&4 Dig R heel fwd, step R next to L, step L fwd.
5-6 Step R fwd,. Step L fwd.,
7&8 Dig R heel fwd, step R next to L, step L fwd.

**2. Restart here.

(25-32) R HEEL GRIND 1/4 R , R COASTERSTEP, ROCK FWD. L, SHUFFLE 1/2 L

1-2 R heel fwd, grind R heel on the floor turning 1/4 R, recover weight on L
3&4 Step R back, step L next to R, step R fwd.
5-6 Step L fwd. Recover on R.
7&8 Turn 1/4 L, step L to L side, step R next to L, turn 1/4 L step L fwd.

***3. Restart here.

(33-40) CROSS POINT x 2, R SAILOR STEP, TOUCH L BACK, UNWIND 1/2 L

1-2 Cross R over L, point L toe to L side
3-4 Cross L over R, point R toe to R side
5&6 Cross R behind L, step L to L side, step R to R side
7-8 Touch L toe back, unwind 1/2 L, weight on L

*1. Restart here.

(41-48) PIVOT 1/2 L x2, STEP R FWD, KICK L FWD, STEP L BACK, POINT R TOE CROSS

1-2 Step R fwd, turn 1/2 L, recover weight onto L
3-4 Step R fwd. turn 1/2 L, recover weight onto L
5-6 Step R fwd, kick L fwd,
7-8 Step L back, point R toe cross L.

Start again.

Ending: Dance ends facing 6.00 Unwind 1/2 L now facing 12.00.

Contact: piahrossen@jubiimail.dk
