

# American Woman

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Marilyn Lowery - September 2018  
音乐: American Woman - The Guess Who



**Intro: 32 Counts (Start on Vocals)**

**S1: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO**

1-2            Step R Toe Fwd , Drop Heel  
3-4            Step L Toe Fwd, Drop Heel  
5 & 6          Rock R to R Side, Recover weight on L, Step R next to L  
7 & 8          Step/Rock L to L Side, Recover weight on R, Step L next to R

**S2: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO**

1-2            Step R Toe Fwd, Drop Heel  
3-4            Step L Toe Fwd, Drop Heel  
5 & 6          Rock R to R Side, Recover weight on L, Step R next to L  
7 & 8          Rock L to L Side, Recover weight on R, Step L next to R

**S3: VINE RIGHT, TRIPLE TO RIGHT, VINE LEFT, TURN 1/4 TRIPLE FWD**

1-2            Step R to R Side, Step L Behind R  
3 & 4          R-L-R to R Side  
5-6            Step L to L Side, Step R Behind L  
7 & 8          (7) L Foot Turn 1/4 L, (& 8) Step Fwd R-L

**S4: 2 PIVOT TURNS 1/4 LEFT, HOP FWD, HIP BUMPS RIGHT & LEFT**

1-2            Step R Fwd, Turn 1/4 L  
3-4            Step R Fwd, Turn 1/4 L  
& 5-6          (& 5) Hop Fwd R-L, (6) Hold  
7-8            2 Hip Bumps R & L

Contact: [ladyfish7@frontier.com](mailto:ladyfish7@frontier.com)