

I'm So Dizzy Cha

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 1 级数: Beginner
编舞者: Val Saari (CAN) - September 2018
音乐: Dizzy - Tommy Roe



TOUCH/KICK CROSS-ROCK BEHIND X 2 (RL)

1-2 Touch RF toes in place, Kick RF forward
3&4 RF Cross behind L, LF Recover weight, Step RF beside L
5-6 Touch LF toes in place, Kick LF forward
7&8 LF Cross behind R, RF Recover weight, Step LF beside R

ROCK/RECOVER, TURNING SHUFFLES (RLR PIVOT 1/2 R, LRL PIVOT 1/2 L)

1-2 Rock RF forward, LF recover
3&4 Pivot 1/2 R and Shuffle forward RLR
5-6 Rock LF Forward, RF recover
7&8 Shuffle Forward LRL turning 1/2 L

SIDE TOGETHER CHA CHA CHA X 2 (RL)

1-2 Step RF right, Step LF together
3&4 Step RF right, Step LF together, Step RF in place (cha, cha, cha)
5-6 Step LF left, Step RF together
7&8 Step LF left, Step RF together, Step LF in place (Cha, Cha, cha)

SIDE MAMBOS (CHA CHA CHA) X 2 (RL)

1-2 RF Rock side right, LF recover
3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)
5-6 LF Rock side left, RF recover
7&8 Step LF beside Right, Step RF in place, Step LF in place (cha, cha, cha)

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

REPEAT - No Tags, No Restarts

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