

# A Lifetime to Repair

**COPPER** KNOB  
BY STEPHEN HUNT

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Maria Hennings Hunt (UK) - September 2018  
音乐: A Lifetime to Repair - Kylie Minogue



**This dance is NOT phrased to the music! Just dance!**  
**#8 count intro - start on Lyrics**

## **WALK FWD RIGHT, LEFT, STEP ½ TURN, WALK FWD RIGHT LEFT, STEP ½ TURN**

1-2                      Walk forward Right Foot (RF), walk forward Left Foot (LF)  
3-4                      Step RF forward, pivot ½ turn left, weight on LF  
5-6                      Walk forward RF, walk forward LF  
7-8                      Step RF forward, pivot ½ turn right, weight on LF (12:00)

### **NON TURNING OPTION:**

**WALK FORWARD RF, LF, ROCK FWD RF RECOVER LF**  
**WALK BACK RF, LF, ROCK BACK RF, RECOVER LF**

## **SIDE CLOSE, CHASSE ¼ TURN RIGHT, STEP ¼ TURN, CROSS SHUFFLE**

1&2                      Step RF to side, close LF to RF  
3&4                      Step RF to side, close LF to RF, step RF ¼ turn to R  
5-6                      Step LF forwards, turn ¼ to right stepping RF to side (6:00)  
7&8                      Cross LF over RF, step RF to side, Step LF over RF (6:00)

## **SIDE, HOLD & CLAP, SIDE, TAP (TRAVELLING RIGHT) CLAP, SIDE, HOLD & CLAP, SIDE, TAP (TRAVELLING LEFT) CLAP**

1,2                      Step RF to side, hold & clap  
&3-4                      Step LF next to RF, step RF to side, tap LF next to RF, clap  
5-6                      Step LF to side, hold & clap  
&7-8                      Step RF next to LF, step LF to side, tap RF next to LF, clap (6:00)

## **(HEEL SWITCHES) R HEEL & L HEEL & R HEEL, CLAP, CLAP, L HEEL & R HEEL & L HEEL CLAP, CLAP &**

1&2                      Dig R heel forward, step RF next to LF, dig L heel forward  
&3&4                      Step LF next to RF, dig R heel forward, clap hands twice  
&5&6                      Step RF next to LF, dig L heel forward, step LF next to RF,  
**dig R heel forward**  
&7&8                      Step RF next to LF, dig L heel forward, clap hands twice  
&                          Close LF next to RF (weight ends LF) (6:00)

[www.dancegeneration.co.uk](http://www.dancegeneration.co.uk) 078 11823 467 - [mariaahunt@aol.com](mailto:mariaahunt@aol.com)