

Lie To Me (Just a Little)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Easy Improver
编舞者: Jill Weiss (USA) - September 2018
音乐: Lie to Me (ESC Version) - Mikolas Josef : (Album: Eurovision 2018)



Lie To Me (Just a Little)

Count: 48 Wall: 4 Level: Easy Improver

Choreographer: Jill Weiss

Music: Lie To Me by Mikolas Josef, EUROVISION VERSION, Album: Eurovision 2018

Dance starts on the vocals after 16 count intro. 4 walls, 48 counts

Restart on wall 5 after 16 counts.

Repeat last 16 counts on wall 6 to end dance.

WALK WALK MAMBO FORWARD, WALK WALK MAMBO BACK

1-2 Walk forward R, L
3&4 Rock forward on R, replace weight to L, step back on R
5-6 Walk back L, R
7&8 Rock back on L, replace weight to R, step forward on L

KICK, STEP BACK, COASTER, KICK, STEP BACK, COASTER

1-2 Kick R forward, step back on R
3&4 Step back on L, step right next to left, step forward on left
5-6-7&8 Repeat 1-4

(RESTART HAPPENS HERE ON WALL 5 FACING 12:00)

TAP TAP KICK, BEHIND SIDE CROSS, TAP TAP KICK, BEHIND SIDE CROSS

1&2 Tap right toe twice next to L on a slight diagonal to 1:00 , low kick to 1:00 with right
3&4 Step R behind L, step L to L side, step R in front of L
5&6 Tap left toe twice next to R on a slight diagonal to 11:00 , low kick to 11:00 with right
7&8 Step L behind R, step R to R side, step L in front of R

SIDE ROCK BEHIND TURN, SYNCOPATED ROCKING CHAIR AND MAMBO

1-2-3-4 Step R to R, replace weight to L, step R behind L, turn ¼ L and step L forward (9:00)
5&6& Rock R forward, replace weight back to L, rock R back, replace weight forward to L
7&8 Rock R forward, replace weight back to L, close R next to L (weight on both feet)

TWISTS (CHUBBY CHECKER STYLE)

1&2 Twist heels R-L-R, shifting weight to R hip (like you are doing The Twist! – feet do not travel)
3&4 Twist heels L-R-L, shifting weight to L hip
5&6, 7&8 Repeat 1-4

HIP BUMPS

1-2 Bump twice on R hip
3-4 Bump twice on L hip
5-6-7-8 Bump hips R-L-R-L (or two hip rolls 2 counts each)

AT THE END OF WALL 6, REPEAT THE LAST 16 COUNTS TO FINISH DANCE (FACING 9:00), OPTION TO TURN TO 12:00 ON LAST HIP BUMP TO END DANCE ON FRONT WALL.

Thank you to my Monday afternoon class for the final inspiration!

Please send me an email if you have any questions about the dance or the music.

Please do not alter this step sheet in any way without the written permission of the Choreographer. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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