

# Down On My Knees

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32                      墙数: 0                      级数:  
编舞者: Cathy Montgomery (CAN), Kelly Mathew (USA) & Rachel Polack - September 2018  
音乐: Desperate Man - Eric Church



Start dance 40 counts when the lyrics start if using the video version, if using the audio version it's 24 counts.

**[1-8] -- Right Kick and Point, Left Kick and Point, Right Sailor Left Sailor with a ¼ turn left.**

- 1 & 2                      Kick the right foot forward, quickly step onto right foot, and point left toe to left side.
- 3 & 4                      Kick the left foot forward, quickly step onto left foot, and point right toe to right side.
- 5 & 6                      Sailor Step Right.
- 7 & 8                      Sailor Step Left while making a ¼ turn to the left.

**[9 -16] – Vaudeville Steps, Right and Left, Heel Switches, Right and Left, Left Right foot forward, ¼ turn left.**

- 1& 2                      Step Right foot across Left, quickly step back onto your left foot & touch your right heel to right angle.
- &3 & 4                      Quickly step onto Right foot, cross your left foot across your right, quickly step back onto your right foot, and touch your left heel to left angle.
- &5 & 6                      Quickly step onto your left foot, touch right heel forward, quickly step onto right foot and touch your left heel forward.
- &7 - 8                      Quickly step onto your left foot, step your right foot forward, and make ¼ turn left taking weight onto your left foot.

Restart dance here on the 3rd wall.

**[17-24] – Sailor ½ turn left, Left behind and Heel, And Cross Hold, and Cross and Cross.**

- 1 & 2                      step your right foot behind left, make a ¼ turn taking weight onto left, make a ¼ left stepping right foot to right side.
- 3 & 4                      Step your left foot behind right, quickly step onto right and touch your left heel to left angle.
- &5 – 6                      Quickly step onto left foot, cross right over left and hold.
- &7 & 8                      Quickly step onto left foot, cross right over left, quickly step onto left foot and cross right over left.

**[25-32] – Rock Left Side, Behind and Cross, Hip bumps while making 2 1/8's of a turn left. (c bumps), fingers snap are optional.**

- 1 – 2                      Rock left foot to left side, recover onto right.
- 3 & 4                      Step left behind right, quickly step onto right and cross left over right.
- 5 & 6                      While touching your right toe, bump your hip up, bump your hip down while making an 1/8 of a turn.
- 7 & 8                      While touching your right toe, bump your hip up, while making an 1/8 of a turn, and count 8 take you r weight onto the left foot.

Option with the turn is to snap your right fingers, up and down with the hips.

Start again.

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