

Yeah, I Can Do It !

COPPERKNOB
BY STEPHANIE

拍数: 40 墙数: 4 级数: Beginner +
编舞者: Angéline Fourmage (FR) - September 2018
音乐: I Can Do It - The Rubettes



Start : 0,11s approximately – No Restart – No Tag

[1-8] : Kick, Together, Kick, Together, Swivel, Kick, Together, Swivel

1&2& R Kick FW, RF next to LF, L Kick FW, LF next to RF
3&4& Swivel R (turn heels to R, turn heels to center, turn heels to R, turn heels to center)
5&6& R Kick FW, RF next to LF, L Kick FW, LF next to RF
7&8& Swivel L (turn heels to L, turn heels to center, turn heels to L, turn heels to center)

[9-16] : Vine, Step FW, Toe, Heel, Step FW, Vine ¼ L, Step FW, Toe, Heel, StepFW

1&2& RF to R side, LF behind RF, RF to R side, LF FW
3&4 Touch RF next to LF, Touch R Heel FW, RF FW
5&6& LF to L side, RF behind LF, Make ¼ L with LF to L side, RF FW
7&8 Touch LF next to RF, Touch L Heel FW, LF FW

[17-24] : Toe Strut FW, Toe Strut FW, Toe Strut Back, Toe Strut ¼ L, Step FW, Touch, Step FW, Touch

1&2& Toe R FW, drop R heel, Toe L FW, drop L heel
3&4& Toe R Back, drop R heel, Toe strut ¼ L with LF to L side
5-6 RF FW, Touch LF next to RF
7-8 LF LW, Touch RF next to LF

[25-32] : Step Back, Step Back, Touch, Step, Touch, Step, Touch, Bump

1&2 RF Back, LF Back, Touch RF next to LF,
3-4 RF to R side, Touch LF next to RF
5-6 LF to L side, Touch RF next to LF
7&8& RF to R side with R Bump, L Bump, R Bump, L Bump

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance

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