

Dame Tu Cosita

拍数: 32 墙数: 0 级数: Phrased
编舞者: Raymond Sarlemijn (NL) & Sebastiaan Holtland (NL) - September 2018
音乐: Dame Tu Cosita (feat. Cutty Ranks) (Radio Version) - Pitbull, El Chombo & KAROL G



Sequence: A,B,AAA, BB,AAA A,B, AAA, BBBB

Part A: 16 counts

Heel grind rf, heel grind lf, jazzbox ¼

- 1 right forward
- & recover weight lf
- 2 rf close lf
- 3 left heel forward
- & recover weight rf
- 4 lf close rf
- 5 rf cross forward lf
- 6 ¼ turn right, lf back
- 7 ¼ turn right rf forward
- 8 lf touch rf

4/4 turn left, mambo right, mambo left

- 1 ¼ left, lf forward
- 2 ¼ left, rf right
- 3 ½ left, lf left
- 4 rf touch lf
- 5 rf right
- & recover weight lf
- 6 rf close lf
- 7 lf left
- & recover weight rf
- 8 lf close rf

Part B: 16 counts

Step forward, close, hip bump (knee bounce), step back, close, cross arms, open arms

- 1 rf forward
- 2 lf close rf
- 3 bump hip forward or bounce knees
- & hips, knees nuteral
- 4 bump hips forward or bounce knees
- 5 rf back
- 6 lf close rf
- 7 cross both arms forward right over left
- 8 open arms like holding a big skippy ball

Step left, close, arm movements, ¼ turn right grapevine, cross arms

- 1 lf left
- 2 rf close lf
- 3 left arm up to left, right arm salut an army salut
- & start change arms the other way
- 4 right arm up to right, left arm salut an army salut
- 5 rf right

6 If cross back rf
& ¼ right, rf forward
7 If close rf
8 cross both arms
