

A Thousand Tears

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Gary Lafferty (UK) - September 2018
音乐: This Side of Heaven - The Swon Brothers



Music Info: 16-count intro ... the song is track 11 on their self-titled album

Note that the Swon Brothers video on YouTube is only an acoustic version & doesn't have much beat behind it nor does it have Carrie Underwood on backing vocals & therefore I would recommend you do NOT use that (although the phrasing is the same)

ROCK FORWARD, RECOVER, BALL ¼ TURN, STEP FORWARD; STEP, ¾ STEP, 'BEHIND SIDE CROSS', ¼ HITCH

1-2 Rock forward on Right foot, recover weight onto Left foot
&3 Turn ¼ Right stepping forward on Right foot, step forward on Left foot
4&5 Step forward on Right foot, pivot ¾ turn to Left, step to Right on Right foot
6&7 Cross-step Left foot behind Right, step to Right on Right foot, cross-step Left foot over Right
8 Turn ¼ Left on Left foot, sweeping Right foot around into a slight (smooth) hitch

WALL 4 – Wall 4 starts facing 3 o'clock, you will dance 8 counts & then Restart facing the back 6 o'clock wall

WALK RIGHT, LEFT, TRIPLE ANCHOR STEP; FULL TURN STRAIGHT BACK, ¼ SAILOR with CROSS

1-2 Step forward on Right foot, step forward on Left foot
3&4 Step on Right foot in place, step on Left foot in place, step slightly back on Right foot (opening body ready for turn)
5-6 Turn ½ Left stepping forward onto Left foot, turn ½ Left stepping back onto Right foot
7&8 Turn ¼ Left stepping Left foot behind Right, step to Right on Right foot, cross-step Left foot over Right

WALL 7 – Wall 7 starts facing 12 o'clock, you will dance 16 counts, add the 4-count Tag (still facing 12 o'clock) & then Restart

STEP RIGHT, LEFT BASIC NIGHTCLUB; 'BEHIND-SIDE-CROSS ROCK', RECOVER, BALL CROSS, SWEEP

1 Step to Right on Right foot
2&3 Rock back on Left foot behind Right, recover weight onto Right foot, step to Left on Left foot
4&5 Cross-step Right foot behind Left, step to Left on Left foot, cross-rock Right foot over Left
6&7 Recover weight onto Left foot, step to Right on Right foot, cross-step Left foot over Right
8 Sweep Right foot around from back to front

WEAVE 'FRONT, SIDE, BEHIND'; WEAVE 'BEHIND, ¼ TURN, STEP FORWARD'

1&2 Cross-step Right foot over Left, step to Left on Left foot, cross-step Right foot behind Left
3&4 Cross-step Left foot behind Right, turn ¼ Right stepping forward onto Right foot, step forward on Left foot

TOUCH FORWARD, HIP BUMPS; ½ TURN HIP BUMPS

5&6 Touch Right foot forward bumping Right hip forward, bump Left hip back, bump Right hip forward (taking weight)
& Turn ½ Left in place keeping weight back on Right foot (left foot will be touched forward already as you do this)
7&8 Bump Left hip forward, bump Right hip back, bump Left hip forward (taking weight)

NOTE These hips bumps are smooth & gentle, not sharp

START AGAIN

TAG – 4 SWAYS

1-4 Step to Right swaying hips to Right, sway hips to Left, sway hips to Right, sway hips to Left

The Tag is inserted after 16 counts on wall 7 – you will be facing the front 12 o'clock wall – then Restart the dance from count 1

OPTIONAL FINISH –change count 14 into a $\frac{1}{4}$ turn stepping back onto Right foot (instead of $\frac{1}{2}$ turn) ... this will have you facing the front 12 o'clock wall, then do 15&16 ($\frac{1}{4}$ sailor cross)

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