

Nervous

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Lu Olsen (AUS) - August 2018
音乐: Nervous - Shawn Mendes : (iTunes)



#8 count intro - No tags/No restarts - Ver: 1.01 - CW rotation.

[1 – 8] Fwd ¼ turn, Step/Cross, Side, Tog, Cross, ¼ back, ¼ fwd, Shuffle Fwd

1, Step R fwd & sharp ¼ Left turn,
2 & 3 Step L over R, Step R to Right, Step L beside R, 9.00
4, 5, 6, Cross R over L, ¼ Left turn & step L back, ¼ Left turn & step R slightly fwd 3.00
7 & 8 (L shuffle fwd) Step L fwd, Step R tog, Step L fwd, 3.00

[9 – 16] 1/8th fwd, Lock behind, 1/8th Lock shuffle fwd, Cross, Side, Behind, ¼ fwd, Fwd

1, 2, 1/8th Right turn & step R fwd(5.00), Lock L behind R, 5.00
3 & 4 1/8th Right turn & R fwd(6.00), Lock L behind R, Step R fwd 6.00
5, 6, Cross/step L over R, Step R to Right,
7 & 8 Step L behind R, ¼ Right turn & step R fwd, Step L fwd, 9.00

[17 – 24] Fwd R45, Tap tog, Side, In place, Cross, Back, ¼ Fwd, Fwd, ½ pivot

1, 2 & 3, Step R fwd at R45, Tap L toe beside R, Rock/step L to Left, Step R in place, 9.00
4, 5, Rock/cross L over R, Rock R back,
6, 7, 8 1/4 Left turn & step L fwd, Step R fwd, ½ Left pivot (wgt on L) 12.00

[25 – 32] Fwd, Back, ¼ Side, Rock ¼ in place, ½ back, ¼ fwd, Walk fwd, fwd

1,2, Step R fwd, Rock back on L,
3, 4 ¼ Right turn & step R to Right(3.00), Rock L into ¼ left turn in place(12.00) 12.00
5, 6, (¾ Left turn) ½ Left turn & step R back, ¼ Left turn & step L fwd, 3.00
7, 8 Walk fwd R, L

Last Wall 10 (3.00) Change counts (31, 32) Step R fwd, ½ Left pivot turn (wght on L), to finish 12.00

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