

Bluegrass Ride

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Cathy Snow (USA) - September 2018
音乐: Raleighs Ride - Sister Sadie



Intro: 32 counts

[1-8] RIGHT SUGAR FOOT, SHUFFLE, WALK FORWARD, STOMP

1-2 Point right toe to left instep, right heel to left instep
3&4 Shuffle right, left, right in place
5,6,7&8 Walk forward left, right, left, stomp right (weighted)

[9-16] LEFT SUGAR FOOT, SHUFFLE, WALK BACK, STEP

1-2 Point left toe to right instep, left heel to right instep
3&4 Shuffle in place left, right, left
5,6,7&8 Walk backwards right, left, right, left step (weighted)

[17-24] DIAGONAL SHUFFLES

1&2 Point right toe diagonally to right, shuffle right, left, right, in place
3&4 Point left toe diagonally to left, shuffle left, right, left in place
5&6 Point right toe diagonally to right, shuffle right, left, right, in place
7&8 Point left toe diagonally to left, shuffle left, right, left in place

[25-32] Lindy Right Rock/Recover, Lindy Left Rock/Recover

1&2 Step side R, Step L next to R
3&4 Rock back on L, Replace weight on R
5&6 Step side L, Step R next to L
7&8 Rock back on R, Replace weight on L

[33-40] STEP LOCK SHUFFLES

1-2 Step right forward, step left behind right
3&4 Shuffle forward right, left, right
5-6 Step left forward, step right behind left
7&8 Shuffle forward left, right, left

[41-48] JAZZ BOX, JAZZ BOX ¼ TURN

1-2 Cross right over left, step back on left
3-4 Step right with right, step left next to right
5-6 Cross right over left, step back on left
7-8 Step right ¼ turn, step left next to right

First ¼ turn faces 3:00 wall

REPEAT DANCE - NO TAGS OR RESTARTS

Steve - very quick dance.. Trickiest part is the beginning and getting feet correct. Song is from Bluegrass Festival and just had my feet moving to it. Just something different from the others dances. Let me know what you think. Thanks for letting me bug you. Look at it whenever. Thanks

Contact: mrssno@email.com