

Be My Guest Tonight

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - September 2018
音乐: Be My Guest - Emile Ford



Intro: 16 Counts

Sec 1: Prizzy Walks R,L,R,L(with finger snaps)

1-2-3-4 RF. Step across LF - Hold (snap your fingers to R) - LF. Step across RF - Hold (snap your fingers to L)
5-6-7-8 RF. Step across LF - Hold (snap your fingers to R) - LF. Step across RF - Hold (snap your fingers to L)

Sec 2: Rumba Box

1-2-3-4 RF. Step to R side - LF. Step together - RF. Step back - LF. Touch toe beside RF
5-6-7-8 LF. Step to L side - RF. Step together - LF. Step forward - RF. Touch toe beside LF *Restart Point*

Sec 3: Lindi Shuffle, Back Rock, Recover, 1/4 Turn R, Step To L Side, Cross Shuffle

1&2 RF. Step to R side - LF. Step together - RF. Step to R side
3-4 LF. Rock backward - RF. Recover
5-6 LF. 1/4 Turn R step back - RF. Step to R side (3:00)
7&8 LF. Cross over RF - RF. Step to R side - LF. Cross over RF

Sec 4: R Scissor Step, Hold & Clap, L R Scissor Step, Hold & Clap

1-2-3-4 RF. Step to R side - LF. Step together - RF. Cross over LF - Hold & Clap
5-6-7-8 LF. Step to L side - RF. Step together - LF. Cross over RF - Hold & Clap

Start Again

RESTART: during the 5th wall (12:00) dance up to count 16 and restart de dance

Contact: : marja42@kpnmail.nl / co4ol72@kpnmail.nl