

Just An Illusion

拍数: 64 墙数: 4 级数: Easy Intermediate - Reggae style
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音乐: Just an Illusion (Reggae Remix 2016) - Julia Zahra



Count In: Start 16 counts

[1-8] Heel Grind ¼ turn R- Coaster R- Rock L Forward- ¾ Turn L triple

1 2 Dig R heel forward (1), ¼ turn R weigh on L (2) 03.00
3&4 back step on R (3), ball step on L beside R (&), R step forward (4) 03.00
5 6 L rock forward (5), recover weigh on R (6) 03.00
7&8 ½ turn L step L forward (5), R beside L (&), ¼ turn L step L forward (6) 06.00

Restart Here after the 6th repetition (restart facing 03.00)

[9-16] (Forward -Side Point) R& L- Jazz Box ¼ Turn

1 2 Step R forward (1), point Lon side (2) 06.00
3 4 Step L forward (3), point R on side (4), 06.00
5 6 cross R over L (5), L back step (6) 06.00
7 8 ¼ turn R side R step (7), L step forward (8), 09.00

[17-24] Triple Forward- Pivot ½ Turn- Triple Forward- Pivot ¼ Turn

1&2 R step forward (1), L next to R (&), R step forward (2) 09.00
3 4 L step forward (3), half turn R weigh on R (4), 03.00
5&6 step L forward (5), R next to K (&), step L forward (6) 03.00
7 8 R forward (7), ¼ turn L weigh on L (8) 12.00

[25-32] Cross Side Behind Sweep- Behind Side Cross Shuffle

1 2 cross R over L (1), side step on L (2) 12.00
3 4 cross R behind L (3), sweep L front to back (4) 12.00
5 6 cross L behind R (5), side step on R (6) 12.00
7&8 cross L over R (7), small R side step (&), cross L over R (8) 12.00

[33-40] Side Hold- Ball Side Touch – ¼ turn L Step Forward- ½ turn L step Back- ½ turn Triple Forward

1 2 Stomp R (1), Hold (2) 12.00
&3 4 ball step on L (&), side step on R (3), touch L next R (4) 12.00
5 6 ¼ turn L step L forward (5), ½ turn L back step on R (6) 09/03
7&8 ½ turn L step L forward (7), R beside L (&), step L forward (8) 09.00

RESTART Here after the 3th repetition (restart facing 09.00),

[41-48] Cross Side – Behind Side Cross- Side Rock- Coaster 1/4Turn Left

1 2 cross R over L (1), side L step (2) 09.00
3&4 cross R behind L (3), side L step (&), cross R over L (4) 09.00
5 6 side L rock (5), recover weigh on R (6) 09.00
7&8 ¼ turn L back L step (7), ball R next L (&), step L forward (8) 06.00

FINAL At the 7th repetition change step 7&8 L Behind (7), R side step (&), cross L over R (8), stomp R (&) (facing 12.00)

[49-56] Samba step R & L- Rock Forward- Full Triple In place

1&2 Cross R over L (1), side L Rock (&), recover weigh on R (2) 06.00
3&4 Cross L over R (3), side R rock (&), recover weigh on L (4), 06.00
5 6 rock R forward (5), recover weigh on L (6) 06.00
7&8 ½ turn R Step R forward (7), ball step on L (&), ½ turn R step R forward (8) 06.00

[57-64] Cross Rock- Side Rock- Jazz Box with Touch

1 2 Cross rock L over R (1), recover weigh on R (2) 06.00
3 4 Side L rock (3), recover weigh on R (4) 06.00
5 6 cross L over R (5), R back step (2) 06.00
7 8 side L step (7), touch R beside L (8) 06.00

HAVE A GOOD FUN.....ENJOY!!!!

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