

So Shy

COPPER **KNOB**
BY SHEETS

拍数: 60 墙数: 1 级数: High Beginner
编舞者: Foo Sally (MY) - September 2018
音乐: He's So Shy - The Pointer Sisters : (iTunes)



BEGIN DANCE AT VOCAL. DANCE SEQUENCE: A, A, TAG 1, B, B TAG 2, A, A, TAG 1, B, B, A, B, B, B

PART A: 32 counts

SESSION A1 : (RIGHT KNEE POP IN ,LEFT KNEE POP IN) X 2 RIGHT KICK BALL CHANGE,LEFT KICK BALL CHANGE..

- 1&, 2&, RF touch with R knee pop in .Step down R heel, LF touch with knee pop in, Step down L heel.
3& ,4 & RF touch with R knee pop in.Step down R heel, LF touch with knee pop in .Step down L heel.
5 & 6 RF kick forward, RF ball next to LF, LF touch next to RF.
7 & 8 LF kick forward, LF ball next to RF, RF touch next to LF.

SECTION A2 : MONTEREY TURN,

- 1-2, 3- 4 RF point to Right side ,RF step next to LF and turn .LF point to Left side ,LF step next to RF
5-6, 7- 8 RF point to Right side ,RF step next to LF and turn. LF point to Left side , LF step next to RF

SECTION A3 : JAZZ BOX, V STEP , RF FORWARD MAMBO , LF FORWARD MAMBO,RIGHT MAMBO SIDE,LEFT MAMBO SIDE.

- 1 - 4 RF cross over LF,LF step behind RF, RF step next to LF.LF step in place
5 - 6 RF step forward out to right , LF step forward out to Left.
7 - 8 RF step back in, LF step back in next to right.
1 & 2 RF mambo forward , LF step in place. RF mambo back next to LF .
3 & 4 LF mambo forward . RF step in place. LF mambo back next to RF.
5 - 8 RF step to right, RF step back in place next to LF . LF step to Left, LF step back in place next to right.

TAG 1 : (4 Counts) R & L STEP TOUCH

PART B: 28 counts

SECTION B1 : LUNGE RF, LF TOUCH NEXT TO RF ,RF TOUCH, ,LF TOUCH , RIGHT ROLLING VINE

- 1 & 2 ,3 - 4 RF drag to R, LF touch next to RF, RF touch, LF touch
5 - 8 Right quarter turn right ,LF spin ,RF touch ,LF touch

SECTION B2 : LUNGE LF , RF TOUCH NEXT TO LF, RF STEP,LF TOUCH, LF STEP ,ROLLING VINE LEFT.

- 1 & 2 ,3- 4 LF drag to L, RF touch next to LF, , LF touch, RF touch.
5 - 8 LF quarter turn Left, RF spin ,LF touch,RF touch.

SECTION B3 : STEP TOUCH RIGHT DIAGONAL FWD ,STEP TOUCH LEFT DIAGONAL FWD. STEP TOUCH RIGHT DIAGONAL BACKWARD,STEP TOUCH LEFT DIAGONAL BACKWARD. RIGHT STEP TOUCH, LEFT STEP TOUCH

- 1 - 4 Step RF forward diagonal,(1) LF touch next to RF.(2) LF step forward diagonal to L (3) RF touch next to LF.(4)
5 - 8 RF step backward diagonal,(5) LF touch next to RF (6). LF step backward diagonal, (7) RF touch next to LF.(8.)
1 - 4 RF step, touch, LF step, touch .

TAG 2 : (10 counts)

- 1 - 4 (RF STEP TO RIGHT , LF STEP TOGETHER NEXT TO RF) X 2.

5 - 8 (LF STEP TO LEFT,RF STEP TOGETHER NEXT TO LF) X 2
1 - 2 RF STEP FORWARD FRONT , LF STEP FORWARD FRONT

Contact: wchengfong@yahoo.com - Foo Sally - Happy dancing.
