

# Total Chaos

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Nicole Gagne - September 2018  
音乐: Love Train - Big & Rich



**Intro: Begin on lyrics**

## **SYNCOPATED TOE TOUCHES, AND ROCK STEPS**

1&      Touch right side, return right foot home  
2&      Touch left side, return left foot home  
3&      Touch right together, step right back  
4&      Touch left together, step slightly forward on left - take weight  
5-6      Rock right forward, recover to left  
7-8      Rock right back, recover to left

**Styling: add arm movements with toe touches**

## **SHUFFLE, 1/2 TURN, ROCK AND SAILOR**

1&2      Chassé forward right-left-right  
3-4      Step left forward, making a 1/2 turn right  
5-6      Rock step to the left with left foot, rock recover to the right  
7&8      Sailor step left - cross left behind, step right, step left together

## **KNEE ROLLS, SYNCOPATED STEPS FORWARD**

1-2      Traveling forward with weight on the ball of right foot - step forward right and roll right knee out to right side, take weight to right foot on count 2 (making circle)  
3-4      Step left toe forward, and roll left knee out to left side, take weight to left foot on count 4  
5      Stomp right forward  
6      Clap  
&7      Make a quick step forward bringing left foot behind right, stomp right forward  
8&      Hold on count 8, cross left behind

## **TWO 1/8 TURNS LEFT, HIP BUMPS**

1-2      With weight to left foot, step right forward, hold on count 2 (clap)  
3-4      Swivel heels right, making two 1/8 turns left - completing 1/4 left - weight to right  
5-6-7-8      Hip left, hip right, hip left, left

**Styling: add shoulder movements with hip bumps**

**REPEAT**

Contact: [ngagne73@att.net](mailto:ngagne73@att.net)