

Go For Gold

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) & Heather Freeman (UK) - August 2018
音乐: Go For The Gold by Rudenko & Aloe Blacc



Music available from iTunes and Amazon Music

Intro: 4 counts – start on vocals
NO TAGS OR RESTARTS!!!!

SECTION ONE – Right Rock, Right Coaster Step, Left Rock, Shuffle ½ Left

1-2 Rock fwd on R foot, Recover on L foot
3&4 Rock back on to R foot, Step L foot next to R, Step fwd on R foot (12 o'clock)
5-6 Rock fwd on to L foot, Recover on R foot
7&8 Turn ½ L stepping L, R, L (6 o'clock)

SECTION TWO – Turn ¼ Left With Vine ¼ Right & Pivot ½ Turn, Walk, Walk, Shuffle

1-2& Turn ¼ L stepping on R foot, Cross L foot behind R foot, Turn ¼ R stepping on R foot (6 o'clock)
3-4 Step fwd on L foot, Pivot ½ R stepping fwd on R foot (12 o'clock)
5-6 Walk fwd on L foot, Walk fwd on R foot (funky walks)
7&8 Step fwd on L foot, step R foot beside L, Step fwd on L foot (in lyrics when sings rise like a phoenix raise arms up into the air)

SECTION THREE – Rocking Chair, Pivot ½ Turn, Chasse ¼ Turn

1-2 Rock fwd on R foot, Recover on L foot
3-4 Rock back on R foot, Recover on L foot
5-6 Step fwd on R foot, Pivot ½ L stepping fwd on L foot (6 o'clock)
7&8 Turn ¼ L Stepping R foot to R side, Step L foot next to R, Step R foot to R side (3 o'clock)

SECTION FOUR – Back Rock, Side Touch, Side Behind Ball Cross Unwind ½ Turn

1-2 Rock back on L foot, Recover on R foot
3-4 Step L foot to L side, Touch R foot next to L
5-6& Step R foot to R side, Cross L foot behind R, Step R foot to R side
7-8 Cross L foot over R, Unwind ½ R transferring weight to L foot (9 o'clock)

START AGAIN!