

# One Shot

拍数: 32      墙数: 4      级数: High Improver  
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音乐: One Shot - Hunter Hayes : (iTunes)



One Restart on wall 3 after 16 cts

## SAILOR ¼ RT, PIVOT RT ¼, CROSS LOCK STEP, ½ TURN LT

1&2      step RF behind LF making ¼ turn RT – step LF next to RF – step RF forward (3:00)  
3-4      step LF forward – pivot ¼ turn RT taking weight on RF (6:00)  
5&6      cross LF over RF – lock RF next to LF – step LF out to RT  
7&8      step RF out to RT making ¼ turn LT – step LF out to LT making a ¼ turn LT (12:00)

## CROSS LOCK STEP, SIDE ROCK CROSS, POINT RT LT RT HOLD CLAP X 2

1&2      cross RF over LF – lock LF up behind RF – step RF out to LT  
3&4      step LF out to LT – recover RF – cross LF over RF  
5&6&      point RF out to RT – step RF next to LF – point LF out to LT – step LF next to RF  
7-8      point RF out to RT – hold clap! clap! (12:00)

## POINT LF RF LEFT HEEL FORWARD CLAP X 2, WALK WALK ROCK RECOVER

&1&2      step RF next to LF – point LF out to LT – step LF next to RF – point RF out to RT  
3&4      step RF next to LF – point LT heel forward – hold clap clap  
&5-6      step LF next to RF – walk RF forward – LF forward  
7-8      rock RF forward – recover LF (12:00)

## FULL TURN, COASTER STEP, ¼ TURN RT PONY, WALK RT WALK LT

1-2      making ½ turn RT pivoting on LF step RF forward (6:00) – making ½ turn RT pivoting on RF  
step LF backwards (12:00)  
3&4      step RF back – step LF next to RF – step LF forward  
5&6      hop forward on LF making ¼ turn rt – touch RF next to L F- hold for 6  
7-8      walk RF walk LF

Dance rotates clockwise - Any questions: [pistoias@gmail.com](mailto:pistoias@gmail.com)

Check out our facebook page the Dance Bullies thanks!