Tickled



拍数: 32

级数: Low Beginner

编舞者: Roger Neff (USA) - August 2018

音乐: The Laughing Song (Ticklish Reuben) - Go Fish : (Album: Party Like a Preschooler)

Intro: 4 counts. The lyrics start immediately.

Begin dancing after the words: "O my..." when the regular beat kicks in, approximately 4 seconds.

This is an easy, short warm-up dance that should put everyone in a good mood!

墙数:1

[1-8] WALK, WALK, SHUFFLE, ROCK, RECOVER, TRIPLE ½ OVER L SHOULDER (6:00)

- 1-2,3&4 Walk forward R, L, Shuffle forward R,L,R
- 5-6,7&8 Rock forward on L, Recover on R, Triple step L,R,L turning ½ over L shoulder

[9-16] WALK, WALK, SHUFFLE, ROCK, RECOVER, TRIPLE ¼ OVER L SHOULDER (3:00)

- 1-2,3&4 Walk forward R, L, Shuffle forward R,L,R
- 5-6,7&8 Rock forward on L, Recover on R, Triple step L,R,L turning ¼ over L shoulder

[17-24] CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE L

- 1-2,3&4 Cross rock R over L, Recover on L, Step to R, Step L beside R, Step to R
- 5-6,7&8 Cross rock L over R, Recover on R, Step to L, Step R beside L, Step to L

[25-32] ROCKING CHAIR, 1/8 TURNS TO L X 2 (12:00)

- 1-2-3-4 Rock forward on R, Recover on L, Rock back on R, Recover on L
- 5-6-7-8 Step to R, Turn 1/8 to L shifting weight to LF, Repeat

Contact Roger at: lingofun@sbcglobal.net

