

I'm On a Roll

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: High Improver
编舞者: Rob Holley (USA) - August 2018
音乐: On a Roll - Sugarland : (CD: Bigger - iTunes)



**** 1st place USLDCC Newcomer/Novice Division - 2018 Hotlanta Line Dance Jam ****
**** 2nd place UCWDC Newcomer/Novice Division – 2019 Country Dance World Championships ****

Intro: 16 (start on vocals)

[1-8] SLIDE RIGHT, HOLD, BALL STEP, CROSSING SHUFFLE, SLIDE LEFT, HOLD, BALL STEP, FORWARD SHUFFLE

1-2 Slide R to R side, hold
&3&4 Step ball of L next to R, cross R over L, step L behind R, step R over L
5-6 Slide L to L side, hold
&7&8 Step ball of R next to L, step L forward, step R next to L, step L forward

[9-16] FORWARD ROCK RECOVER, SHUFFLE ½ TURN RIGHT, FORWARD ROCK RECOVER, SHUFFLE ¼ TURN LEFT

1-2 Rock R forward, recover weight on L
3&4 Turn ½ R & step R forward, step L next to R, step R forward (6:00)
5-6 Rock L forward, recover weight on R
7&8 Turn ¼ L & step L to side, step R next to L, step L to L side (3:00)

[17-24] SYNCOPATED WEAVE LEFT, CROSS ROCK, SIDE SHUFFLE RIGHT

1&2& Cross R over L (1), step L to L side (&), step R behind L (2), step L to L side (&)
3&4& Cross R over L (3), step L to L side (&), step R behind L (4), step L to L side (&)
5-6 Cross rock R over L, recover weight on L
7&8 Step R to R side, step L next to R, step R to R side

[25-32] CROSS ROCK, ¼ TURN L SHUFFLE, STEP FORWARD RIGHT, POINT LEFT, STEP FORWARD LEFT, POINT RIGHT

1-2 Cross rock L over R, recover weight on R
3&4 Turn ¼ L & step L forward, step R next to L, step L forward (12:00)
5-8 Step R forward, point L toe to L, step L forward, point R toe to R side

Restart – walls 5 & 6

[33-42] 1/8 TURN HIP ROLLS (2X), WEAVE LEFT WITH ¼ TURN LEFT

1-2 Step R forward and hip roll CCW making 1/8 turn taking weight on L
3-4 Step R forward and hip roll CCW making 1/8 turn taking weight on L (9:00)
5-8 Cross R over L, step L to L side, step R behind L, turn ¼ L & step L forward (6:00)

[43-48] SWAY HIPS RIGHT, SWAY HIPS LEFT, WEAVE RIGHT

1-2 Step R slightly to R side & sway hips to R (weight to R)
3-4 Sway hips to L (weight to L)
5-8 Step R to R side, step L behind R, step R to R side, cross L over R

Restart after count 32 on both walls 5 & 6 facing 12:00

Note: For an audio cue, you'll know which wall to restart as the singer will start rapping the lyrics. Do the first restart after 32ct and then do another restart after 32ct on the following wall. To help with the transition on the restart, feel free to change count 32 from a "point R toe to R side" to a "hold"

Contact: Rob – holleyrp1966@gmail.com

Facebook: <https://www.facebook.com/TeamHolleyLineDancing/>

YouTube: <https://www.youtube.com/channel/UCTLzF7cjsl2k-gtAOdxPceA>

Last Update - 10 Jan. 2019
