

Keepin' It Real

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Larry Bass (USA) - August 2018
音乐: Keepin' It Real (feat. Granger Smith) - Colt Ford



(Start after 32 counts on vocals)

KICK-BALL-CROSS, & TOUCH & TOUCH; SIDE, TOGETHER, SIDE, ROCK STEP

1&2 Kick R to right diagonal, Step ball of R to center, Cross L over R
&3 Step R to right, Touch L beside R
&4 Step L to left, Touch R beside L
5&6 Step R to right, Step L together with R, Step R to right
7-8 Rock L back; Recover forward to R

1/4 TURN DIAGONAL BACK, CROSS, BACK, CROSS; BACK 1/4 TURN, CROSS, SIDE, CROSS

1-2 Make a 1/4 turn right & step L back (3:00); Step R back to right diagonal (4:30)
3&4 Cross L over R, Step R back, Cross L over R
5-6 Make a 1/8 turn left & step R back (3:00); Step L to left (1:30)
7&8 Cross R over, Step L to left, Cross R over

STEP SIDE, TWIST & TOUCH, 1/4 TURN, 1/4 TURN; RIGHT SAILOR STEP, LEFT SAILOR STEP

1-2 Step L to left; Twist upper body left & touch R to right
3-4 Make a 1/4 turn right & step R forward (6:00); Make a 1/4 turn right & step L to left (9:00)
5&6 Step R behind L, Step L to left, Step R to right
7&8 Step L behind R, Step R to right, Step L to left

STEP 1/4 PIVOT, 1/2 TURN STEP, LOCK, STEP; BACK, BACK, COASTER STEP, CROSS

1-2 Step R forward; Pivot 1/4 turn left to L (6:00)
3&4 Make a 1/4 turn left & step R to right (3:00), Lock L over R, Make a 1/4 turn left & step R back (12:00)
5-6 Step L back; Step R back
7&8 Step L back, Step R together with L, Step L over R

RIGHT VINE WITH HEEL JACK; LEFT VINE HEEL JACK

1-2 Step R to right; Step L behind R
&3 Step R slightly back, Touch L heel forward to left diagonal
&4 Step L back, Step R over L
5-6 Step L to left; Step R behind L
&7 Step L slightly back, Touch R heel forward to right diagonal
&8 Step R back, Step L over R

HINGE TURN, CROSS, SIDE, CROSS; ROCK STEP 1/4 TURN, TRIPLE STEP FORWARD

1-2 Make a 1/4 turn left & step R back (9:00); Make a 1/4 turn left & step L to left (6:00)
3&4 Cross R over L, Step L to left, Cross R over L
5-6 Rock L to left; Make a 1/4 turn right & recover right to R (9:00)
7&8 Step L forward, Step R to L, Step L forward

Begin Again

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