

# Baam

拍数: 96      墙数: 4      级数: Phrased Improver  
编舞者: Russibell Seoh (KOR) - August 2018  
音乐: Baam (뽀) - MOMOLAND



**Intro : 16 Counts - Sequence : AAA BC AAA BC ACA**

## **PART A : 32 Counts**

### **Part A Sec.1 : Shuffle dance RLRL , Charleston Step**

1234      Shuffle dance RF(1) LF(2) RF(3) LF(4) ( Easy Option : Instead of Shuffle dance , Run in place 1~4 Counts)  
5678      RF Forward Touch(5), RF Step Back(6), LF Back Touch(7) , LF Forward Step(8) .

### **Part A Sec.2 : 1/4 R turn Charleston Step , Shuffle dance RLRL**

1234      1/4 R Turn RF Forward Touch(1) RF Step Back(2), LF Back Touch(3) , LF Forward Step(4)  
5678      shuffle dance RF(5) LF(6)RF(7) LF(8),  
(Easy Option : Instead of Shuffle dance , Run in place 5~8 Counts)

### **Part A Sec.3 : R Grapevine Kick , L Grapevine Kick**

1234      Step R to right (1), step L behind R (2), Step R to right (3) LF Kick ( Looking left diagonally.)(4)  
5678      Step L to left (5), step R behind L(6), Step L to left(7)  
RF Kick (Looking right diagonally )(8)

### **Part A Sec4 : Syncopated Jazz Box , Cross , Side ,Step Forward, 1/2 R Pivot turn , LF Forward step &Hip Pump (Left Right Left)**

12&34      Cross RF over RF (1) Step Back LF (2) Step LF To Left Side( &)  
**Cross LF Over Rf (3) Step RF To right (4)**  
567&8      Step LF forward(5) , pivot 1/2turn to the right (6) Step Lf Forward &Left Hip Pump (7) Right Back Hip Pump ( &) Left Forward Hip Pump (8) .

## **Part B : 32 Counts( Only Facing 3:00 )**

### **Part B Sec.1 : Forward and Back Hip Rolling (or Hip Pump)\*3 , LF together , Chest Pump .**

123456      (As part A ends, keep your left foot in front ) Three Times Hip Rolling or Hip Pump L(1) R(2) L(3) R (4) L (5) R (6)  
7&8      Step LF Next To RF &Chest Pump Forward (7) Chest Pump Back (&)  
**Chest Pump Forward (8)**

### **Part B SEC.2: RF Forward Touch &Forward and Back Hip Rolling R( or Hip Pump ) R L RL RL, 1/4 L Turn RF together , Chest Pump.**

123456      RF Forward touch &R Forward Hip rolling ( or Hip Pump )(1) L Back Hip Rolling ( 2) , R Forward Hip Rolling ( 3) L Back Hip Rolling (4) R Forward Hip Rolling ( 5) L Back Hip Rolling (6)  
7&8      1/4 L Turn Step Rf Next to LF & Chest Pump Forward (7) Chest Pump Back ( &) Chest Pump Forward (8)

### **Part B Sec.3 : Forward Walk R L R L , RF side ,LF Touch , LF Side , RF Touch**

1234      Forward Walk RF (1) LF(2) RF(3) LF(4)  
5678      Step RF to right (5) Lf Touch next to RF (6)  
**Step LF to Left (7) RF Touch Next to Lf (8)**

### **Part B Sec.4 : Small Back Run RLRLRL Jump (Feet apart ) , Nice Pose ( 4 Counts)**

1&2&3&4 Small Back Run RF( 1) LF(&) RF(2) LF(&)RF(3) LF(&) Jump (Feet Apart)(4)  
5678 Nice Pose (5,6,7,8)

**Part C : 32 Counts**

**Part C Sec.1 : Hip Sway R L R , Hip Pump L , Hip Sway L R L , Hip Pump R**

1234 Hip Sway R(1) L(2) R(3) L Hip Pump (4)

5678 Hip Sway L(5) R(6) L(7) R Hip Pump (8)

**Part C Sec.2 : Hip Sway R L R L R L R L**

12345678 Hip Sway R(1) L(2) R(3) L(4) R(5) L(6) R(7) L(8)

**Part C Sec 3 : Part C Sec.1**

1234 Hip Sway R(1) L(2) R(3) L Hip Pump (4)

5678 Hip Sway L(5) R(6) L(7) R Hip Pump (8)

**PartC Sec.4 : Part C Sec.2**

12345678 Hip Sway R(1) L(2) R(3) L(4) R(5) L(6) R(7) L(8)

\* Happy Dancing !^\_\_^

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