

Atlantis

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Des Ho (SG) - August 2018
音乐: Isle of Atlantis - Goombay Dance Band : (iTunes, Amazon & other major publications)



Intro: 19 count from beginning of music No Tags, No Restarts

SECT 1: SIDE TOGETHER SIDE TOUCH, SIDE BEHIND, 1/4 LEFT, FORWARD SCUFF [9:00]

1,2 Step Rf to R side, Step Lf next to R
3,4 Step Rf to R side, Touch L toes next to R
5,6 Step Lf to L side, Step Rf behind L
7,8 Make 1/4 turn L stepping forward on Lf, Scuff Rf forward [9:00]

SECT 2: ROCKING CHAIR, PADDLE 1/4 LEFT, PADDLE 1/4 LEFT [3:00]

1,2 Rock Rf forward, Recover on Lf
3,4 Rock back on Rf, Recover on Lf
5,6 Step Rf forward, Pivot 1/4 turn L weigh on L [6:00]
7,8 Step Rf forward, Pivot 1/4 turn L weigh on L [3:00]

SECT 3: CROSS POINT BACK POINT, JAZZ BOX 1/4 TURN RIGHT [6:00]

1,2 Cross Rf over L, Point L toes to left side
3,4 Step back on Lf, Point R toes to right side
5,6 Cross Rf over L, Step back on Lf
7,8 Make 1/4 turn R stepping Rf to R side, Step forward on Lf [6:00]

SECT 4: DIAGONAL FORWARD TOUCH, BACK TOUCH, 1/4 TURN SIDE TOUCH, SIDE TOUCH [9:00]

1,2 Step Rf diagonal R forward, Touch L toes next to Rf [and clap hands]
3,4 Step diagonal back on Lf, Touch R toes next to Lf [and clap hands]
5,6 Make 1/4 turn R stepping Rf to R side, Touch L toes next to Rf [and clap hands] [9:00]
7,8 Step Lf to left side, touch R toes next to Lf [and clap hands]

Start Again

Contact choreographer: beaverct@gmail.com

Last Update - 21 Aug 2018
