

Hakka Beautiful Girl (細妹按靚) (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 牆数: 4 级数: Beginner
编舞者: Nina Chen (TW) - 2018年08月
音乐: Hakka Beautiful Girl (細妹按靚) - Daniel Lo (羅時豐)



Intro: 48 counts

Sec1: SIDE - TOUCH, SWAY. (x2)

1-4 Step RF to R - Touch LF beside RF - Step LF to L (while sway hip to L) - Weight on RF (while sway hip to R)
5-8 Step LF to L - Touch RF beside LF - Step RF to R (while sway hip to R) - Weight on LF (while sway hip to L)
1-4 右足右踏 - 左足點於右足旁 - 左足左踏 (同時向左搖臀) - 重心回右足 (同時向右搖臀)
5-8 左足左踏 - 右足點於左足旁 - 右足右踏 (同時向右搖臀) - 重心回左足 (同時向左搖臀)

Sec2: CROSS ROCK - RECOVER, CHASSE R, CROSS ROCK - RECOVER, CHASSE L

1-2, 3&4 Rock RF over LF - Recover on LF, Step RF to R - Step LF beside RF - Step RF to R
5-6, 7&8 Rock LF over RF - Recover on RF, Step LF to L - Step RF beside LF - Step LF to L
1-2, 3&4 右足前跨下沉 - 重心回左足, 右足右踏 - 左足併踏右足旁 - 右足右踏
5-6, 7&8 左足前跨下沉 - 重心回右足, 左足左踏 - 右足併踏左足旁 - 左足左踏

Sec3: FWD SHUFFLE, FWD - PIVOT 1/2 R, FWD SHUFFLE, FWD ROCK - RECOVER

1&2, 3-4 Fwd shuffle (R L R), Step LF fwd - Pivot 1/2 R (6:00) weight on RF
5&6, 7-8 Fwd shuffle (L R L), Rock RF fwd - Recover on LF
1&2, 3-4 前交換步 (右 左 右), 左足前踏 - 向右踏轉 1/2 (6:00) 重心回右足
5&6, 7-8 前交換步 (左 右 左), 右足前下沉 - 重心回左足

Sec4: CHASSE R, ROCK BACK - RECOVER, SIDE - BEHIND, 1/4 L FWD SHUFFLE

1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover on RF
5-6, 7&8 Step LF to L - Step RF behind LF, 1/4 turn L (3:00) fwd shuffle (L R L)
1&2, 3-4 右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足
5-6, 7&8 左足左踏 - 右足後跨, 左轉1/4 (3:00) 前交換步 (左 右 左)

Restart: Wall 4 (3:00) After 24 counts

重跳: 第4牆 (3:00) 跳完 24 拍後

Tag : After wall 7 (12:00), Add 4 counts tag

加拍 : 第七面牆結束後 (12:00) 加跳四拍

FWD - PIVOT 1/4 L.(x2)

1-4 Step RF fwd - Pivot 1/4 L (9:00) weight on LF - Step RF fwd - Pivot 1/4 L (6:00) weight on LF
1-4 右足前踏 - 向左踏轉 1/4 (9:00) 重心回左足 - 右足前踏 - 向左踏轉 1/4 (6:00) 重心回左足

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com