Ain't No Hangover Like You

级数: High Beginner

编舞者: Gail A. Dawson (USA) - August 2018 音乐: Drunk Me - Mitchell Tenpenny

Intro – 16 Counts

Alternate Songs: – Brick House by The Comm

拍数: 32

Brick House by The Commodores (32 Count Intro) She's a Bad Mama Jama by Carl Carlton (48 Count Intro) Mercy, Mercy Me by Marvin Gaye (16 Count Intro)

WALK, WALK, MAMBO STEP, BACK, BACK, COASTER CROSS

- 1, 2 R step forward, L step forward
- 3&4 R step forward, L step in place, R step beside L
- 5, 6 L step back, R step back
- 7&8 L step back, R step beside L, L cross over R

SWAY, SWAY, BEHIND, SIDE, CROSS, SWAY, SWAY, SWAY, DRAG

- 1, 2 R rock to R swaying body to right, recover to L swaying body L
- 3&4 Step R behind L, step L to L, cross R over L
- 5, 6 Rock L to L swaying body L, recover to R swaying body R
- 7, 8 Rock L to L swaying body L, drag R to L foot
- *** Restart here on Wall 4

STEP, SWEEP, CROSS, OUT, OUT, ROCK, RECOVER, SHUFFLE BACK

- 1, 2 Step R turning ¼ R (3:00), L sweep in an arc toward R
- 3&4 Cross L over R, step R out to R, step L out to L

*** Restart here on Wall 3

- 5, 6 Rock R forward, recover to L
- 7&8 Step R back, step L beside R, step R back

ROCK, RECOVER, SHUFFLE FORWARD, STEP, PIVOT ¼, STEP, PIVOT ¼

- 1, 2 Rock L back, recover to R
- 3&4 Step L forward, step R beside L, step L forward
- 5, 6 Step R forward, pivot ¼ to L (12:00)
- 7, 8 Step R forward, pivot ¼ to L (9:00)

TAG: After Wall 7

- 1, 2 Sway R, sway L
- 3, 4 Sway R, sway L

Contact: free2bgad@gmail.com





墙数:4