Lifeline



拍数: 32

墙数: 2

级数: Improver

编舞者: Stephen & Lesley McKenna (SCO) - August 2018

音乐: End Of The World by Kelsea Ballerini on Unapologetically



Intro:- 16 Counts	
Section 1: R side, together, cross shuffle, L side, together 1/8 R, L shuffle	
1-2	Step R to R side, step L next to R
3&4	Cross R over L, step L to L side, cross R over L
5-6	Step L to L side, step R next to L as you turn 1/8 R (1:30)
7&8	Step forward L, step R next to L, step forward L
Section 2: & Rock, rec, ½ L, ½ L, step back, touch, step R, 1/8 R side rock, rec	
&1-2	Step R next to L, rock forward L, recover R
3-4	Turn 1/2 L stepping forward L, turn 1/2 L stepping back R (1:30)
5-6	Step back L, touch R toe slightly over L
7&8	Step forward R, turn 1/8 R as you rock L to L side, recover R (3:00) *Restart step change
Section 3: Cross, sweep, R samba, cross, sweep, R cross shuffle	
1-2	Cross L over R, sweep R anti-clockwise
3&4	Cross R over L, step L to L side, Step R to R side
5-6	Cross L over R, sweep R anti-clockwise

7&8 Cross R over L, step L to L side, cross R over L (Travel forward slightly with this section)

Section 4: L side rock, rec, behind, ¼ R, step L, R rocking chair

- 1-2 Rock L to L side, recover R
- 3&4 Step L behind R, turn ¼ R stepping forward R, step forward L
- 5-6-7-8 Rock forward R, recover L, rock back R, recover L

*Restart with step change during wall 8:- Dance up to and inc count 7 on section 2, then step forward L. Turn 1/8 L (6:00) to straighten up to start again from section 1.

Enjoy!

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