

Thinking Out Loud

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数:
编舞者: Jim Ray (USA), Judy, Sandy, Lois & Mary - August 2018
音乐: Thinking Out Loud - Ed Sheeran



Start With Music

RIGHT FOOT, ROCK STEP SIDE, TURN LEFT A 3/4 TURN, LEFT, RIGHT, LEFT, LOCK STEPS FORWARD RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT (3:00)

1 Step Right Foot Back
& Step Left Foot In Place
2 Step Right Slightly Forward And To The Right
3&4 Turn A 3/4 Turn Left Shoulder Back Stepping Left, Right, Left (3:00)
5&6 At A Slight Angle Right, Step Right, Left Behind, Right Forward
7&8 At A Slight Angle Left, Step Left, Right Behind, Left Forward

ROCK STEP, STEP BACK, STEP BACK IN FRONT BACK, TURN A FULL TURN RIGHT, STEPPING RIGHT, LEFT, RIGHT, CROSS LEFT IN FRONT OF RIGHT, TURN A 1/2 TURN LEFT SHOULDER BACK STEPPING RIGHT, LEFT (9:00)

1&2 Step Right Foot Forward, Shift Wt. Back To Left Foot, Step Right Foot Back
3&4 Step Left Foot Back, Slide Right Foot In Front Of Left, Step Left Back
5&6 Turn A Full Turn Right, Stepping Right, Left, Right
7&8 Cross Left Foot In Front Of Right, Turn a 1/2 turn Left Shoulder Back, Stepping Right To The Right Side Turning Left, Finishing Turn Stepping Left (9:00)

STEP IN FRONT, STEP, IN FRONT, BUMP HIPS, LEFT, RIGHT, LEFT BUMP HIPS RIGHT, LEFT, RIGHT, TURN A 3/4 TURN LEFT SHOULDER BACK STEPPING LEFT, RIGHT, LEFT

1&2 Cross Right Over Left, Step Left To The Left, Cross Right Over Left
3&4 Bump Hips Left, Right, Left
5&6 Bump Hips To The Right, Right, Left, Right
7&8 Turn A 3/4 Turn Left Stepping Left, Right, Left (12:00)

LOCK STEP FORWARD, RIGHT, LEFT BEHIND, RIGHT, ROCK STEP TURN A 1/2, LEFT SHOULDER BACK, LEFT, RIGHT, LEFT, ROCK STEP CROSS RIGHT, LEFT, RIGHT, ROCK, STEP, CROSS LEFT, RIGHT, LEFT

1&2 Step Right Foot Forward, Slide Left Foot Behind Right, Step Right Foot Forward
3&4 Step Left Foot Forward, Shift Wt. Back To Right Foot, Pivot A 1/2 Turn Left
5&6 Step Right Foot To The Right, Shift Wt. Back To Left, Cross Right Over Left
7&8 Step Left Foot To The Left, Shift Wt. Back To The Right Foot, Cross Left Over Right

(START OVER)

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