

Good Boys

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Good Boys - Josie Dunne : (iTunes)



#16 count intro

Hitch-point, hitch-point, hitch-behind-side-cross, left-together, L side mambo, hip push

1-& Hitch R bending L knee, release knee pointing R fwd
2-& Hitch R bending L knee, release knee and point R to R side
3-& Hitch R bending L knee, step R behind L
4-& Step L to L side, cross R in front of L
5-&-6 Hold, step L to L side, step R next to L
7-&-8-& step L to L side, recover weight to R, step L next to R, push hips back

Hitch-point, hitch-point, hitch-behind-quarter-together, right-together, R side mambo, hip push

1-& Hitch L bending R knee, release knee pointing L fwd
2-& Hitch L bending R knee, release knee pointing L to L side
3-& Hitch L bending R knee, step L behind R
4-& Turn ¼ R stepping fwd on R, step L fwd
5-&-6 Hold, step R to R side, step L next to R
7-&-8-& Step R to R side, recover weight to L, step R next to L, push hips back (3:00)

Left triple forward, quarter-turn-cross, hinge turn with touch, ball-cross, hold, ball-cross

1-&-2 Step L fwd, step right together, step L fwd
3-&-4 Step R fwd, pivot 1/4 L stepping on L, cross R in front of L (12:00)
5-&-6 Turn 1/4 to R stepping back on L, turn ¼ to R stepping R to R side, touch L next to R (6:00)
&-7 Step L to L side, cross R in front of L
8-& Step L to L side, cross R in front of L

L side-rock-recover, behind-side-cross, R side rock-recover, ¼ R turning sailor, step L fwd

1, 2 Rock L to L side, recover weight to R
3&4 Cross R behind L, step L to L side, cross R in front of L
5, 6 Rock R to R side, recover weight to L
7-&-8-& Cross R behind L, step L in place turning ¼ to R, step R slightly fwd, step L fwd (9:00)

Restarts:-

Wall 3: Restart after count 8-and (facing 6:00)

Wall 6: Restart after count 16-and (facing 3:00)

Enjoy!

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