

# Breathe

**COPPER** **KNOB**  
BY SHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Jérôme VERGOIN (FR) - February 2018  
音乐: Breathe (feat. Ina Wroldsen) - Jax Jones : (Single)



Intro: 16 Counts

## S1: HANDS WORK, JUMPS

1-2            RF OUT with R Hand behind head, LF OUT with L Hand behind head.  
3-4            RF IN with R Hand on R hip, LF IN with L Hand on L hip.  
5-6-7-8       Little jumps forward Knees slightly bence Like Scott, Hands stay on hips.  
Option : Walk Fwd with Knee Pop RF, LF, RF, LF.

## S2: SNAKE R-L, OUT-OUT HOLD IN-IN HOLD, WITH ARMS WORK

1&2            RF to the R with snake movement of R Hand to the R, Slide LF next RF.  
3&4            LF to the L with snake movement of L Hand to the L, Slide RF next LF.  
&5-6           RF to the R (&), LF to the L, upper body leaning down Hands between the legs palm on each knee (5), Hold (6)  
&7-8           RF return to center upper body straighten up (&), LF next RF Elbows stuck to the body, Hands on each side palm front to face (7), Hold (8)

## S3: PADDLE TURN WITH SHIMMY, HIPS ROLL

1&2&           L 1/8 Turn R point to the R, RF Touch next LF, L 1/8 Turn R point to the R, RF Touch next LF. Weight on LF make Shimmys on Turning.  
3&4            L 1/8 Turn R point to the R, RF Touch next LF, L 1/8 Turn R point to the R, RF Touch next LF. Weight on LF make Shimmys on Turning. (6.00)  
5-6            RF to the R roll Hips counterclockwise.  
7-8            LF to the L roll Hips Clockwise.

## S4: KICK BALL STEP X2, STEP PIVOT ¼ TURN L, LARGE SIDE, DRAG WITH ARM WORK

1&2            Kick RF FWD, RF next LF, LF FWD.  
3&4            Kick RF FWD, RF next LF, LF FWD.  
5-6            RF FWD, L ¼ Turn Keeping Weight on RF with Hips Roll. (3.00)  
7-8            Extend both arms to the left (like to pull a bay window) (7), LF to the L pulling on the arms RF slide next LF (8). (3.00)

Keep smile Do it again

Contact Jérôme et Karine

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