

Bum Bum

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: Helaine Norman (USA) - August 2018
音乐: Africa Bum Bum by Du Berta



Intro: Lyrics - No Tags Or Restarts

I. WALK, WALK, WALK, KICK; STEP TOGETHER, ¼ TURN MONTEREY, POINT

1-4 Step R forward, step L forward, step R forward, kick L forward
5-6 Step L together, touch R side
7-8 Turn ¼ right and step R together, touch L side (3:00)

II. WEAVE; CROSS, TOUCH BEHIND, BACK, SIDE

1-2 Cross L over, step R side
3-4 Step L behind, step R side.
5-6 Cross L over, touch R slightly back
7-8 Step R back, step L side.

III. WEAVE; CROSS, TOUCH BEHIND, BACK, SIDE

1-2 Cross R over L, step L side
3-4 Step R behind, step L side
5-6 Cross R over, touch L slightly back
7-8 Step L back, step R side

IV. ¼ TURN TWICE; ROCK RECOVER, BACK COASTER

1-2 Step L forward, turn ¼ right (weight to right) (6:00)
3-4 Step L forward, turn 1/4 right (weight to R) (9:00)
5-6 Rock L forward, recover to R
7&8 Left coaster step

V. BASIC VINE; STEP TOUCH, STEP TOUCH

1-2 Step R side, cross L behind
3-4 Step R side, touch L together
5-6 Step L side, touch R together
7-8 Step R side, touch L together

VI. BASIC VINE; STEP TOUCH, STEP TOUCH

1-2 Step L side, cross R behind
3-4 Step L side, touch R together
5-6 Step R side, touch L together
7-8 Step L side, touch R together

VII. ½ TURN, SHUFFLE; ROCKING CHAIR

1-2 Step R forward, turn ½ left (weight to left) (3:00)
3&4 Chasse forward RLR
5-6 Rock L forward, recover to R
7-8 Rock L back, recover to R

VIII. ½ TURN, SHUFFLE; ROCKING CHAIR

1-2 Step L forward, turn ½ turn right (weight to right) (9:00)
3&4 Chasse forward LRL
5-6 Rock R forward, recover to L

7-8

Rock R back, recover to L

REPEAT

Contact: Helaine43@gmail.com

Last Update - 13 Sept. 2020
