

Arms of Love

COPPERKNOB
STEPSHEETS

拍数: 60 墙数: 1 级数: Phrased Intermediate
编舞者: Guillaume Richard (FR) - August 2018
音乐: Slide - James Bay



Sequence : A B A BB Tag C B B(with Tag) A

PART A : 28 counts

[1-7] : ¼ turn Step & Kick – Spiral Full Turn – Step Fwd – Step 3/8 Turn - Drag

1-2 Step R to R and turn your body ¼ L kicking L – Replace on L and make a full turn R (9:00)
3&4 Step R fwd – Step L fwd – Recover on R making 3/8 turn R (1:30)
5-6-7 Drag L next to R for 3 counts

[8-14] : Step & Sweep – Cross – 1/8 Turn Step Back – ¼ Turn Step – ½ Turn Step – ¼ Turn Step Fwd

1-2 Step L fwd and sweep R from back to front – Cross R over L
&3&4 Make 1/8 turn R stepping L bwd – Make ¼ turn R stepping R fwd – Make ½ turn R stepping L
 bwd – Make ¼ turn R stepping R fwd (3:00)
5-6-7 Recover on L with ½ turn L for 3 counts (9:00)

[15-21] : Rock Step – ½ turn Step – Rock Step – ½ turn Step – Step Fwd & ¼ turn – Press & Recover

1&2 Step R fwd – Recover on L – Make ½ turn R stepping R fwd (3:00)
&3& Step L fwd – Recover on R – Make ½ turn L stepping L fwd (9:00)
4-5-6-7 Step R fwd – Make ¼ turn L keeping weight on R – Press on L – Recover on R (6:00)

[22-28] : Rock Step – Full Turn – ½ Step Turn – Step Side - Hold

1-2 Step L fwd – Recover on R
&3&4 Make ½ turn L stepping L fwd – Make ½ turn L stepping R bwd – Make ½ turn L stepping L
 fwd – Step R to R
5-6-7 Hold and finish with weight on L at count 7 (12:00)

PART B : 16 counts

[1-8] : Nightclub Basic – ¼ Turn Step Fwd – Arms Movements – ¼ Turn Sway – Sway – ¼ Step Fwd – Step ¾ Turn

1-2& Step R to R – Step L behind R – Cross R over L
3&4 Make ¼ turn L stepping L fwd and reach out L arm chest level hand palm open – Reach out
 R arm chest level hand palm open – Cross both arms over the shoulders (9:00)
5&6 Make ¼ turn R putting weight on R – Recover on L – Make ¼ turn R stepping R fwd (3:00)
7-8& Drag L next to R – Step L fwd – Unwind ¾ turn R with weight on R (12:00)

[9-16] : Nightclub Basic – ¼ Turn Step Fwd – Arms Movements – ¼ Turn Sway x2 – Step Fwd – Step ¾ Turn

1-2& Step L to L – Step R behind L – Cross L over R
3&4 Make ¼ turn R stepping R fwd and reach out R arm chest level hand palm open – Reach out
 L arm chest level hand palm open – Cross both arms over the shoulders (3:00)
5&6 Make ¼ turn L putting weight on L – Recover on R – Make ¼ turn L stepping L fwd (9:00)
7-8& Drag R next to L – Step R fwd – Unwind ¾ turn L with weight on L (12:00)

PART C : 16 counts

[1-8]: Nightclub Basic Diamond

1-2& Step R to R – Make 1/8 turn L stepping L bwd – Step R bwd (10:30)
3-4& Make 1/8 turn L stepping L to L – Make 1/8 turn L stepping R fwd – Step L fwd (7:30)
5-6& Make 1/8 turn L stepping R to R – Make 1/8 turn L stepping L bwd – Step R bwd (4:30)
7-8& Make 1/8 turn L stepping L to L – Make 1/8 turn L stepping R fwd – Step L fwd (1:30)

[9-16] : Rock Step – ½ Turn Step – Rock Step – ½ Turn Step – ¼ turn Step – Hold

1-2& Step R fwd – Recover on L – Make ½ turn R stepping R fwd

3-4& Step L fwd – Recover on R – Make ½ turn L stepping L fwd

5-6-7-8 Make ¼ turn L stepping R to R – Hold on counts 6-7-8

TAG :

***After part B on wall 5, adding the tag**

***During part B on wall 8, after the first 8 counts, adding the tag and continue with the next 8 counts of part B**

1-2 Sway on R – Sway on L
