

# I Lived It

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Tracy Pywell (AUS) - August 2018  
音乐: I Lived It - Blake Shelton : (Album: Texoma Shore)



**INTRO: 16 Beats (start of Lyrics) ORIGINAL POSITION: Feet together with weight on left foot**

This dance was written for my mother.

**S1: BACK, ROCK, ½ BACK, ½ TOG, SIDE, BEHIND-SIDE-CROSS, ROCK, ¼ FWD, ½ BACK, ½ HITCH**

1 2            Step R back, Rock/Recover forward onto L  
3&            Turn 180□ left step R back, Turn 180□ left step L together (12.00)  
4            Step R to right side  
5&6          Step L behind right, Step R to the right, Step L across in front of right  
7&            Rock back onto R, Turn 90□ left step L forward (9.00)  
8&            Turn 180□ left step R back, Hitch L turning 180□ left (9.00)

**S2: SHUFFLE, BACK COASTER, BACK, DOUBLE ROLL BACK, ¼ SIDE**

1&2          Shuffle forward: L R L  
3&4          Step R back, Step L beside right, Step R forward  
5&          Step L back, Turn 180□ right step R forward (3.00)  
6&          Turn 180□ right step L back, Turn 180□ right step R forward (3.00)  
7            Turn 180□ right step L back (9.00)  
8            Turn 90□ right step R to right side (12.00)

**S3: BACK- ROCK-SIDE, BACK- ROCK-FORWARD, QUICK PIVOT- FORWARD, CROSS-SIDE- BEHIND**

1&2          Step L back, Rock/Recover onto R, Step L to left side  
3&4          Step R back, Rock/Recover onto L, Step R forward  
5&6          Step L forward, Turn 180□ right take weight onto R, Step L forward (6.00)  
7&8          Cross R over left, Step L to left, Step R behind left

**S4: SWEEP, SWEEP, BEHIND-¼ FWD- FWD, FWD, TOUCH & CLICK, FWD, TOUCH & CLICK**

1 2            Sweep to step L back, Sweep to step R back  
3&4          Step L behind right, Turn 90□ right step R forward, Step L forward (9.00)  
5 6            Step R forward, Touch L toe beside right & Click  
7 8            Step L forward, Touch R toe beside left & Click

**TAG: At the end of Wall 1 (9.00) & Wall 4 (12.00) add the following:**

**SIDE-ROCK-TOGETHER, SIDE-ROCK-TOGETHER**

1 2&          Step R to right, Side Rock/Recover onto L, Step R beside left  
3 4&          Step L to left, Side Rock/Recover onto R, Step L beside right

**ENDING: Step R to the right side, Drag L towards right**

Please feel free to copy this sheet provided that no changes are made to the original script.  
Tracy Pywell 0418 710 920 ricky.pywell@bigpond.com