

# Ahead of Myself

COPPER KNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Kirsteen Currie (UK) - August 2018  
音乐: Ahead of Myself - Jamie Lawson



Intro: 16 count

Restart: wall 2 - dance the first 8 counts and restart the dance \*\*

## Walk, walk, anchor step, 3/4 turn left, behind, side, cross

1-2            Walk forward right, Walk forward left  
3&4            Step right behind left, Step left in place, Step right back  
5-6            1/2 turn left Stepping left forward, 1/4 turn left Stepping right to side  
7&8            Step left behind right, Step right to right side, cross left over right \*\*

## Touch out, in, Step, behind, 1/4 turn right, Step forward, Step 1/2 turn left, full turn shuffle

1&2            Touch right toe out, touch right toe beside left, step right to right side  
3&4            Step left behind right, 1/4 turn right Stepping right forward, Step left forward  
5-6            Step forward right, 1/2 turn left  
7&8            Full turn shuffle left travelling forward Stepping right, left, right

(Easy option: right shuffle forward)

## Mambo forward, coaster step, cross, back, chasse

&1&2            Step left next to right, rock forward on right, recover on left, step right next to left  
3&4            Step back on left, step right next to left, step forward on left  
5-6            Cross right over left, step back on left  
7&8            Step right to right side, Step left next to right, Step right to right side

## Rock, recover, 3/4 turn shuffle, side rock & side rock

1-2            Rock forward left, recover on right  
3&4            \*3/4 turn shuffle left Stepping left, right, left  
5-6&            Rock right to right side, recover on left, step right next to left  
7-8&            Rock left to left side, recover on right, Step left next to right