

My Name Is No, My Number Is No!

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Low Intermediate
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音乐: NO - Meghan Trainor



RF TOE-STRUT MODIFIED JAZZ BOX, RF MODIFIED MAMBO BACK/ KICK L

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF beside L, Kick LF forward

LF TOE-STRUT MODIFIED JAZZ BOX, LF MODIFIED MAMBO BACK/ KICK R

1-2 Cross LF over R, Touch LF toe - drop R heel
3-4 Step RF right on toes, RF heel down
5-6 Rock LF back, Recover RF
7-8 Step LF beside R, Kick RF forward

TOE-STRUTS FORWARD X 2, RL, MAMBO FORWARD

1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5-6 RF Rock Forward , LF recover
7-8 RF close together beside L, Hold

TOE-STRUTS BACK X 2, LR, MAMBO BACK

1-2 Touch LF toes back, Drop heel
3-4 Touch RF toes back, Drop heel
5-6 LF Rock back, RF recover
7-8 LF close together beside R, hold

R TOE TOUCHES X 6, SAILOR STEP

1-6 Touch RF toes right six times
7&8 Sailor Step RLR

L TOE TOUCHES X 6, SAILOR STEP

1-6 Touch LF toes left six times
7&8 Sailor Step LRL

REPEAT - No Tags, No Restarts

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