

Cowboy Hitch pt1

拍数: 16 墙数: 4 级数: Absolute Beginner
编舞者: Tom Inge Soenju (NOR) - May 2018
音乐: XXL - Keith Anderson



Music Availability: Available on iTunes, Google Play and Amazon.

Note: Great starter dance. Can be used for basically any country song. Examples Achy Breaky Heart by Billy Ray Cyrus (Slow), "Hold your Horses" by E-Type (Normal/fast) and "Footloose" by Blake Shelton (Fast). Can use Cowboy Hitch pt 2 when dancers advance.

Intro: 16 count intro

Sequence: Repeating sequence.

Tag/Restart: No tags, Restarts or Bridges

End: Dance as normal till music ends.

Section 1: Heel, Hook, Heel x2, Vine-Hitch

- 1 Touch heel of RF forward
- 2 Hook RF across LF
- 3 Touch heel of RF forward
- 4 Touch heel of RF in place
- 5 Step RF to right side
- 6 Step LF behind RF
- 7 Step RF to right side
- 8 Hitch LF (or touch LF next to RF)

Section 2: Walk back x3, Hitch, ¼ R turn, Hitch, Side Step-Hitch

- 1 Step back on LF
- 2 Step back on RF
- 3 Step back on LF
- 4 Hitch RF
- 5 Quarter turn to your right (03:00) stepping down on RF
- 6 Hitch LF
- 7 Step LF to left side
- 8 Hitch RF

Optional: Clap on each hitch

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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