

Une fille du soleil

拍数: 32 墙数: 4 级数: Beginner
编舞者: Angéline Fourmage (FR) - August 2018
音乐: Une fille du soleil (Mi Eldorado) - Lou & Adryano



Music 1*: 2 Restarts – 1 Tag

Start : On lyrics

Sequence : A-8-A-A-8-A-A-A-Tag (2 counts)A-A

Music 2** : Sippin by Naah - 1 Restart – 1 Tag

Start : On lyrics

Sequence : A-A-A-A-16-A-A-Tag (4 counts)-A-A

[1-8] : Mambo, Point, Touch, Rocking-Chair, Step, Together

1&2 RF to R side, Recover to LF, RF next to LF
3-4 Point LF to L side, Touch LF next to RF
5&6& LF FW, Recover to RF, LF Back, Recover to RF
7-8 LF FW, RF next to LF *Restart (For the restart make R Touch)

[9-16] : Mambo, Point, Touch, Rocking-Chair, Step Back

1&2 LF to L side, Recover to RF, LF next to RF
3-4 Point RF to R side, Touch RF next to LF
5&6& RF FW, Recover to LF, RF Back, Recover to LF
7&8 RF FW, Recover to LF, RF back

**Restart (For the restart make R Touch, don't make RF Back)

[17-24] : Step Back, Step Back, Coaster-Step, Point, Together, Point, Together

1-2 LF Back, RF Back
3&4 LF Back, RF next to LF, LF FW
5-6 R Point FW, RF next to LF
7-8 L Point FW, LF next to RF

[25-32] : Step, Together, Step, Touch, Step ¼ R, Rock-Step, Heel Touch

1-2 Step RF FW to R diagonal, LF next to RF
3-4 Step RF FW to R diagonal, Touch LF next to RF
5-6 Make ¼ R with LF to L side, RF Back
7-8 to Recover to LF, Touch R Heel FW

* Tag : 2 Stomps Up with Clap

1-2 R Stomp Up next to LF with Clap

** Tag : 4 Stomp Up with Clap

1-2 R Stomp Up next to LF with Clap
3-4 R Stomp Up next to LF with Clap

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance – Contact : maellynedance@gmail.com