

# Sweet Virginia

拍数: 32      墙数: 4      级数: Improver  
编舞者: Gaye Teather (UK) - August 2018  
音乐: Sweet Virginia - Chris Norman : (CD: Don't Knock the Rock)



#32 count intro. Start dancing on vocals  
Track available to download from iTunes, Amazon etc.

## Kick. Together. Cross. Side. Heel taps. Heel swivels\*

1 – 2      Kick Right foot forward. Step Right beside Left  
3 – 4      Cross Left over Right. Step Right to Right side (angling body to face Left diagonal)  
5 – 6      Keeping weight on Right. Tap Left heel to floor twice  
7 – 8      Swivel Left heel to Left (straightening up to 12 o'clock). Swivel Right heel to Left (weight remains on Left)

\*Alternatively, steps 7-8 can be replaced with a simple step Left. Touch Right beside Left

## Right Scissor step. Vine Left. Cross rock

1 – 2      Step Right to Right side. Step Left beside Right#  
3 – 4      Cross Right over Left. Step Left to Left side  
5 – 6      Cross Right behind Left. Step Left to Left side  
7 – 8      Cross rock Right over Left. Recover onto Left

## Chasse quarter turn Right. Step. Pivot half turn Right. Left toe strut forward. Right toe strut forward

1&2      Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right (3 o'clock)  
3 – 4      Step forward on Left. Pivot half turn Right (Facing 9 o'clock)  
5 – 6      Step Left toe forward. Drop Left heel to floor  
7 – 8      Step Right toe forward. Drop Right heel to floor

## Long step Left. Touch in. Out. In. Side Right toe strut. Cross toe strut

1 – 2      Long step to Left on Left. Touch Right beside Left  
3 – 4      Touch Right to Right side. Touch Right beside Left  
5 – 6      Step Right toe to Right side. Drop Right heel to floor  
7 – 8      Cross Left toe over Right. Drop Left heel to floor

## Start again

\*Tags: These occur at the end of wall 2 (facing 6 o'clock), wall 6 (facing 6 o'clock) and wall 11 (facing 3 o'clock) and comprise 4 hip bumps. Trust me... they are really, really easy to spot!

1 – 4      Step Right to Right side bumping hips Right. Left. Right. Left

Optional ending: The dance ends on count 32 with Left crossed over Right and facing 6 o'clock.

Unwind half turn Right to end facing front

music link <https://soundcloud.com/chris-norman-music/sweet-virginia>