

Time in a Box

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - August 2018
音乐: Time In a Bottle - John Berry : (Album: I Give My Heart)



Intro: 24 counts plus 3 count pause – start on “I” (If I could save time)

S1: STEP POINT HOLD, TRIPLE FULL TURN RIGHT, LEFT TWINKLE, RIGHT TWINKLE ½ TURN RIGHT

- 1-3 Step forward on left, point right toe to right side, Hold
- 4-6 Full turn right on the spot stepping right, left, right (12:00)
- 7-9 Cross step left over right, step right to right side, step left in place
- 10-12 Cross step right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right side (6:00)

S2: LEFT TWINKLE, REVERSE ¾ TURN RIGHT, ¼ TURN RIGHT, TOUCH, SIDE, TOUCH, POINT, TOUCH

- 1-3 Cross step left over right, step right to right side, step left in place
- 4-6 Cross step right over left, ¼ turn right stepping back on left, ½ turn right stepping forward on right (3:00)
- 7-9 ¼ turn right stepping left to left side, touch right next to left, step right to right side (6:00)
- 10-12 Touch left next to right, touch left to left side, touch left toe slightly forward

(Restart here wall 4, see note below)

S3: COASTER STEP, STEP, PIVOT ½ TURN LEFT, FORWARD, FULL TURN RIGHT, STEP, TURN LEFT, SIDE, CROSS

- 1-3 Step back on left, step right next to left, step forward on left
- 4-6 Step forward on right, ½ pivot turn left, step forward on right (12:00)
- 7-9 ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left (12:00)
- 10-12 ½ turn left stepping back on right, step left to left side, cross step right over left (6:00)

S4: SIDE ROCK CROSS X 2, SIDE, GRAPVINE ¼ TURN LEFT, STEP, PIVOT ½ TURN LEFT, FULL TURN LEFT

- 1-3 Rock left to left side, recover on right, cross left over right
- 4-6 Rock right to right side, recover on left, cross right over left
- 7-9 Step left to left side, cross right behind left, ¼ turn left stepping forward on left (3:00)
- 10-11 Step forward on right, pivot ½ turn left (9:00)
- 12 Stepping forward on right make a full turn left (alternative: step forward on right)

Restart during wall 4: Dance up to count 12 of S2, 3 count pause then Restart on “I” (If I had a box) facing 9o/c.

Ending: Dance finishes on count 12 of S2, there is 3 count pause then step down on left, cross step right over left and unwind ¾ turn left to face 12o/c.

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