Summer Lilt

COPPER KNOP

拍数: 32

墙数: 4

级数: Easy Improver

编舞者: Sofie Olsson (SWE) & Anna Linton (SWE) - July 2018

音乐: Sommar I Sverige - Sven-Ingvars



Intro: 32 counts, begin with lyrics

Two Restarts

Section 1: Chassé right, Back rock, Chassé left, Back rock

- 1&2 Step right foot to the right, Step left foot next to right, Step right foot to the right
- 3-4 Step left foot behind right, Recover weight onto your right foot
- 5&6 Step left foot to the left, Step right foot next to left, Step left foot to the left
- 7-8 Step right foot behind left, Recover weight onto your left foot

Section 2: Shuffle forward, Rock forward, Shuffle backward, Rock back

- 1&2 Step right foot forward, Step left foot next to right, Step right foot forward
- 3-4 Step forward on left foot, Recover weight onto right foot
- 5&6 Step left foot back, Step right foot next to left, Step left foot back
- 7-8 Step back on right foot, Recover weight onto left foot

Section 3: Rocking chair with hook, Slow shuffle with a scuff

- 1-2 Step right foot forward, Recover weight onto left foot
- 3-4 Step right foot back, Hook your left leg over right
- 5-6 Step left foot forward, Step right foot next to left
- 7-8 Step left foot forward, Scuff right foot forward (keep right foot up in the air)

Section 4: Shuffle half turn, Back rock, Chassé ¼ turn, Scuff-hitch, Touch

- 1&2 Step forward on right foot while making a ¼ turn to your left, step left foot next to right while making a ¼ turn to your left (facing 6 o´clock), Step back on right foot
- 3-4 Step back on left foot, Recover weight onto right foot
- 5&6 Step left foot forward while making a ¼ turn to your right (facing 9 o´clock), Step right foot next to left, Step left foot to the left
- 7-8 Scuff right foot forward with bent knee, Touch right foot next to left foot

*Alternative counts 7-8: Rock back on right foot, Recover onto left foot

Repeat until music finishes (facing 6 o'clock) and gracefully turn to the front.

Restart 1: Wall 6 (facing 9 o'clock) Dance the first 24 counts and restart the dance

Restart 2: Wall 14 (facing 12 o´clock) Dance the first 16 counts and restart the dance

Hope you enjoy our dance! Since we're new choreographers, we welcome any comments on this dance.

Contact: sofie.olsson83@hotmail.com