

Julia

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Glynn Rodgers (UK) - August 2018
音乐: Julia - Chris Rea : (Album: The Best Of)



Count in: Start on vocals (32 counts after the drumming stops)

Phrasing: 1 Restart after count 52 during wall 5

[1-8] Syncopated Side Rocks (Right & Left), Left Jazz Box Cross.

1-2& Rock right to right side, recover weight on to left, close right to left.
3-4 Rock left to left side, recover weight on to right
5-6 Cross left over right, step right back.
7-8 Step left to left side, cross right over left.

[9-16] Syncopated Side Rocks (Left & Right), Right Jazz Box ¼ Turn.

1-2& Rock left to left side, recover weight on to right, close left to right.
3-4 Rock right to right side, recover weight on to left.
5-6 Cross right over left, turn ¼ right stepping left back. (3:00)
7-8 Step right to right side, step left slightly forward.

[17-24] Right Shuffle, Pivot ½ Turn, Left Shuffle, Pivot ½ Turn.

1&2 Shuffle forward right-left-right.
3-4 Step forward left, pivot ½ turn right. (9:00)
5&6 Shuffle forward left-right-left.
7-8 Step forward right, pivot ½ turn left. (3:00)

[25-32] Side, Behind, Side Rock, Behind, ¼ Turn, Pivot ½ Turn.

1-2 Step right to right side, cross left behind right.
3-4 Rock right to right side, recover weight on to left.
5-6 Cross right behind left, turn ¼ left stepping forward left. (12:00)
7-8 Step forward right, pivot ½ turn left. (6:00)

[33-40] Step, Kick-Ball-Change, Step, Step, Hold, Ball-Step, Scuff.

1 Step forward right,
2&3 Kick left foot forward, step left to place, step right to place.
4 Step forward left.
5-6& Step forward right, hold, close left to right.
7-8 Step forward right, scuff left foot forward.

[41-48] Left Rocking Chair, Pivot ½ Turn, Left Shuffle.

1-2 Rock forward left, recover weight on to right.
3-4 Rock back left, recover weight on to right.
5-6 Step forward left, pivot ½ turn right. (12:00)
7&8 Shuffle forward left-right-left.

[49-56] Step, Kick-Ball-Change, Step, Step, Hold, Ball-Step, Scuff.

1 Step forward right,
2&3 Kick left foot forward, step left to place, step right to place.
4 Step forward left.
***Restart here during wall 5 (Starts facing 12:00 and restart facing 12:00)
5-6& Step forward right, hold, close left to right.
7-8 Step forward right, scuff left foot forward.

[57-64] Left Rocking Chair, Pivot ¼ Turn, Left Cross Shuffle.

1-2 Rock forward left, recover weight on to right.

3-4 Rock back left, recover weight on to right.

5-6 Step forward left, pivot ¼ turn right. (3:00)

7&8 Cross left over right, step slightly to right side, cross left over right.

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