

Before You Go

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Improver
编舞者: Bev Vinge (AUS) - August 2018
音乐: Wake Me Up - Helene Fischer



WALK FORWARD R-L, SHUFFLE FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD

1,2,3&4 Walk forward: R-L, Shuffle forward: R-L-R,
5,6,7&8 Step L forward, Pivot ½ turn Right, Shuffle forward: L-R-L.(6:00)

SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

1,2,3&4 Step R to side, Rock onto L, Cross Shuffle R over L: R-L-R,
5,6,7&8 * Step L to side, Rock onto R, Cross Shuffle L over R: L-R-L.

SIDE, BEHIND, ¼ TURN SHUFFLE, FORWARD, ROCK, COASTER STEP

1,2,3&4 # Step R to side, Step L behind R, Turn ¼ Right Shuffle forward: R-L-R,
5,6,7&8 Step L forward, Rock back on R, Step L back, Step R together, Step L forward. (9:00)

PADDLE ¼ TURN, PADDLE ¼ TURN, MAMBO FORWARD, MAMBO BACK

1,2,3,4 Step R forward, Paddle ¼ turn Left, Step R forward, Paddle ¼ turn Left,
5 & 6 Step R forward, Rock back on L, Step R together,
7 & 8 Step L back, Rock forward on R, Step L together. (3:00)

SIDE, ROCK, BEHIND, SIDE, CROSS, SIDE, ROCK, BEHIND, SIDE, CROSS

1,2,3&4 Step R to side, Rock onto L, Step R behind L, Step L to side, Cross R over L,
5,6,7&8 Step L to side, Rock onto R, Step R behind L, Step R to side, Cross L over R.

STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

1,2,3&4 Step R forward 45° Right, Lock L behind R, Shuffle forward: R-L-R,
5,6,7&8 ** Step L forward 45° Left, Lock R behind L, Shuffle forward: L-R-L.

SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE BACK

1,2,3&4 Step R to side, Step L together, Shuffle back: R-L-R,
5,6,7&8 Step L to side, Step R together, Shuffle back: L-R-L.

SIDE, ROCK, TOGETHER, HOLD, SIDE, ROCK, TOGETHER, HOLD

1,2,3,4 Step R to side, Rock onto L, Step R together, Hold,
5,6,7,8 Step L to side, Rock onto R, Step L together, Hold.(3:00)

**TAG: At the END of Walls 1 & 4 add Rocking Chair facing (3:00)
On Wall 3 dance to Count 16 (*) add Rocking Chair facing (12:00)**

RESTART: On Wall 6 dance to Count 48 () and Restart facing (9:00)**

ENDING: Dance to Count 20 (#) Step L forward, Paddle ¼ turn Right to FRONT.

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