

Please, Listen

拍数: 48 墙数: 2 级数: Improver
编舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - August 2018
音乐: Ae Nazneen Suno Na (Reprise) - Ayan De & Rahul Jain
或: Still Here - Digital Daggers



Music 1 : Ae Nazneen Suno Na by Rahul Jain & Ayan De – 2 Restarts

Start : 54 counts – 0:41

Sequence : A-A-36-A-A-A-A-A-A-36-A-A

Music 2 : Still Here by Digital Dagger – 2 Restarts - 36 counts

Start : 0:21 - Sequence : A-24-A-A-A-24-A-A-A-A-A

[1-6] : Basic Waltz FW, Basic Waltz Back

1-2-3 LF FW, RF next to LF, LF next to RF
4-5-6 RF Back, LF next to RF, RF next to LF

[7-12] : Twinkle FW, Twinkle ¼ R

1-2-3 Cross LF over RF, RF to R side, LF to L side
4-5-6 Cross RF over LF, Make ¼ R with LF to L side, RF to R side

[13-18] : Weave, Step, Drag, Touch

1-2-3 Cross LF over RF, RF to R side, LF behind RF
4-5-6 RF to R side, Drag LF next to RF, Touch LF next to RF

[19-24] : Twinkle FW, Twinkle ¼ R

1-2-3 Cross LF over RF, RF to R side, LF to L side
4-5-6 Cross RF over LF, Make ¼ R with LF to L side, RF to R side Restart Music 2

[25-30] : Weave, Step, Drag, Touch

1-2-3 Cross LF over RF, RF to R side, LF behind RF
4-5-6 RF to R side, Drag LF next to RF, Touch LF next to RF

[31-36] : Basic Waltz Back, Step, Drag, Touch

1-2-3 LF Back, RF next to LF, LF next to RF
4-5-6 RF FW, Drag LF next to RF, LF next to RF Restart Music 1

[37-42] : Step, Drag, Touch, Step, Drag, Touch

1-2-3 LF to L side, Drag RF next to LF, Touch RF next to LF
4-5-6 RF to R side, Drag LF next to RF, Touch LF next to RF

[43-48] : Rock Step, Hold Recover, Drag, Touch

1-2-3 LF FW, Hold, Hold
4-5-6 Recover to RF, Drag LF next to RF, Touch LF next to RF

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance - Contact : maellynedance@gmail.com
