At Least I Still Have You



编舞者: Betty Lee (CAN) - August 2018

音乐: At Least I Still Have You (至少還有你) - Sandy Lam (林憶蓮)



Restart: On Wall 6, after 16 counts, facing 12:00

Tag (4 counts): End of Wall 3, facing 6:00 Basic Nightclub L, Basic Nightclub R

1,2& Big Step LF to L, Step RF behind LF, Cross LF over RF 3,4& Big Step RF to R, Step LF behind RF, Cross RF over LF

Intro: 16 counts, start on vocal

S1. BASIC NIGHTCLUB L. BASIC NIGHTCLUB R. ½ L CURVY WALK, LOCK STEP FORWARD

1,2& Big Step LF to L, Step RF behind LF, Cross LF over RF3,4& Big Step RF to R, Step LF behind RF, Cross RF over LF

5,6,7 Step LF forward to L diagonal and continue curvy walk RF, LF making a ½ turn L (6:00)

8&1 Step forward RF, Lock Step LF behind RF, Step forward RF sweeping LF from back to front

S2. WEAVE, BEHIND-SIDE, CROSS SHUFFLE, SIDE ROCK

2&3 Cross LF over RF, Step RF to R, Step LF behind RF sweeping RF from front to back

4& Step RF behind LF, Step LF to L

5&6 Cross RF over LF, Step LF to L, Cross RF over LF

7-8 Rock step LF to L, Recover onto RF
*** During Wall 6, restart here for Wall 7 (facing 12:00)

S3. CROSS-SIDE, 1/8 L BACK-BACK, 1/8 L SIDE SHUFFLE, CROSS-SIDE, 1/8 R BACK-BACK, 1/8 R SIDE SHUFFLE

1&2& Cross LF over RF (1), Step RF to R (&), 1/8 L Turn step back LF (2), Step back RF (&) (4:30)

3&4 1/8 L Turn stepping LF to L, Step RF next to LF, Step LF to L (3:00)

5&6& Cross RF over LF (5), Step LF to L (&), 1/8 R Turn step back RF (6), Step back LF (&) (4:30)

7&8 1/8 R Turn stepping RF to R, Step LF next to RF, Step RF to R (6:00)

**Option: For count 8, ¼ R Turn Step forward RF (facing 9:00), then do the Basic Nightclub L of Section 4

S4. 1/4 R BASIC NIGHTCLUB L, VINE 1/4 R, FWD, FULL TURN L, FWD, PIVOT 1/2 L, FWD

1,2& Make a ¼ R turn big Step LF to L, Step RF behind LF, Cross LF over RF (9:00)

3 Big step RF to R

4&5 Step LF behind RF, ¼ Turn R stepping forward RF, Step forward LF (12:00)

6&7 ½ Turn L stepping back on RF, ½ Turn L step forward LF, Step forward RF ((12:00)

&8 Pivot ½ Turn L (weight onto LF), Step forward RF

REPEAT

You may also dance to the original music which has a slower tempo. Music has been edited from 4 minutes 39 seconds to 4 minutes 13 seconds. Please email to bettysmlee@live.ca for the edited music.