Belongs to You

拍数: 48

级数: Phrased Novice - Country NC

编舞者: Sophie Archimbaud (FR) - July 2018

音乐: Belongs to You - Emerson Drive : (Album: Believe - The Lost Record)

Competition Step Sheet

Count-in: 16 Count Intro (approx. 18 secs from start of track) Note: Dancers will dance V&V as follows: A Vanilla, Tag Vanilla, A Vanilla, B Vanilla, A Variation, Tag Variation, A Vanilla.

Sequence of the dance: A, Tag, A, B, A, Tag, A

PART A: 32 counts

[1-8] R BASIC, R RONDE 1/2 TURN R, BEHIND SIDE ROCK, BEHIND SIDE CROSS, SWAY R&L

- 1,2& Step R to R side, Step L next to R, Cross R in front of L
- 3 Step L to L side while doing a rondé with R foot from front to back as you make a ½ turn R (face 6.00)
- 4& Step R behind L, step L to L side
- 5 Cross rock R in front of L
- 6& Recover onto L, step R to R side
- 7 Cross L foot in front of R
- 8& Sway body to R, sway body to L

[9-16] STEP ¼ TURN R, STEP ½ TURN R, PIVOTS ½ TURN L X2, STEP R, LOCK STEP L FWD, SWEEP, CROSS BACK ¼ TURN L, CROSS

- 1 ¹/₄ turn R stepping R foot fwd (face 9:00)
- 2&3 Step L foot fwd, ½ turn R, step L foot fwd (face 3:00)
- 4& ¹/₂ turn pivot L stepping R foot back, ¹/₂ turn pivot L stepping L fwd
- 5&6 Step R foot fwd, lock L behind R, step R foot fwd while sweeping L foot from back to front
- 7& Cross L in front of R, step back R
- 8& Step L to L side making ¼ turn L (face 12:00), cross R over L

[17-24] L BASIC, R BASIC, ¼ TURN R & L BASIC, ¼ TURN L STEPPING R BACK, ¼ TURN L STEPPING L SIDE, CROSS

- 1,2& Step L to L side, step R next to L, cross L in front of R
- 3,4& Step R to R side, step L next to R, cross R in front of L
- 5,6& 1/4 turn R stepping L to L side, step R next to L, cross L in front of R (face 3:00)
- 7 ¼ turn L stepping R back,
- 8 1/4 turn L stepping L to L side (face 9:00)
- & Cross R foot in front of L

- 1 Step L to L side with a lunge
- 2&3 Recover onto R with ¼ turn R, ½ turn R stepping L back, ¼ turn R stepping R to side
- 4&5 Cross rock L foot in front of R, recover onto R, step L to L side
- 6&7 Cross rock R foot in front of L, recover onto L, step R to R side
- 8& Step L foot fwd, make ³⁄₄ turn R keeping weight to LF (face 6:00)

TAG: [1-4] R BASIC, L BASIC



墙数:2

- 1,2& Step R to R side, step L next to R, cross R in front of L
- 3,4& Step L to L side, step R next to L, cross L in front of R

PART B: 16 counts

[1-8] SIDE, WEAVE WITH SWEEP X2, WEAVE INTO SPIRAL

- 1 Step R foot to R side
- 2& Step L behind R, step R foot to R side
- 3 Cross L foot in front of R, sweeping R foot from back to front
- 4& Step R foot in front of L, step L foot to L side
- 5 Step R foot behind L sweeping L from front to back
- 6& Cross L foot behind R, step R foot to R side
- 7 Cross L foot in front of R
- 8 Full Spiral turn R finishing R foot crossed in front of L

[9-16] FULL TURN BOX, ROCK SIDE RECOVER

- 1 ¼ turn R stepping R foot fwd
- 2& Step L to L side, cross R behind L
- 3 ¹/₄ turn R stepping back L foot
- 4& Step R foot to R side, cross L in front of R,
- 5 ¹/₄ turn R stepping R foot fwd
- 6& Step L foot to L side, cross R foot behind L,
- 7 ¹/₄ turn R stepping back L foot (facing 12.00)
- 8& Rock R to R side, recover onto L foot

Begin again

Submitted by - Michael Lynn: mrldance@outlook.com

© World Dance Masters LTD. All rights reserved 2012-2016