

Believer

COPPERKNOB
STEPSHEETS

拍数: 64

墙数: 4

级数: Phrased Intermediate - Hip Hop
style

编舞者: Rex Chuan (USA) - July 2018

音乐: Believer - Imagine Dragons



Sequence: A,A,A,B,B,C,B,A,A,B,B,C,B,A,A16,Tag,B,B,C,B13

Part A

AS1: Forward, knee pop, forward, chasse, cross, cross side x2

123 RF forward on heel(1), LF in place and pop right knee(2), RF forward(3)

4&56 LF side chasse(4&5), left quarter turn and cross RF over LF(6)(9:00)

7&8& run x4 (7&8&) around counterclockwise until facing 12:00

AS2: Cross, Lunge, ball change step, forward, heel swivel x2

123 LF cross over RF(1), RF step aside and bend the knee(23)

4&56 Shift weight back on LF(4), RF cross under LF on ball(&), left quarter turn and forward LF(5), forward RF(6) (9:00)

7&8 Both feet heel swivel right while left quarter turn(7), both feet heel swivel left(&), both heel swivel right while left quarter turn(8) (3:00)

AS3: Out out in cross, knee up, side, slide, Sailor Step Turn

&1&2 RF out on toe(&), LF out on toe(1), RF in place on ball(&), LF cross over RF on ball(2)

34 Raise right knee(3) and hold(4)

567&8 RF step aside(5), draw LF in place(6), LF cross under RF(7), quarter turn left and step RF aside on ball(&), forward LF(8)(12:00)

AS4: Forward, ball change, walk, point X2

12& RF forward(1) and hold(2), LF forward on ball(&)

34 RF forward a large step on heel(3), draw LF in place(4)

5678 Point LF diagonally with knee bent and toe down in a round motion(5), LF back in place in a reversed motion(6), right quarter turn and RF point diagonally with knee bent and toe down in a round motion(7), RF back in place in a reversed motion(8) (3:00)

Part B

BS1: Freeze, Release

12 Shift weight on LF, freeze in a pose of choice with a sudden pop action(1), stay still henceforth(12)

3-8 Release the body in motion and start swaying to right and back in style of choice, and finally shift weight back on LF (12:00)

BS2: Freeze, Release, Freeze, Release

12 Freeze and stay still henceforth

34 Release the body in motion and sway right

56 Freeze and stay still henceforth

78 Release the body in motion and sway left (12:00)

Part C

CS1: Back, Swivel, Turn

&1234 quarter turn left and tap LF backward(&), quarter turn left and gradually shift weight to LF with right hand push right for style(1234) (6:00)

5678 RF heel swivel left as much as possible(5) and follow by turning right in slow motion for three quarter turn and LF backward(678) (3:00)

CS2: Knee up, side, sway x2

1234 Raise right knee up gradually

5678 RF step aside(5), sway right(6), sway LF(78)

Restart and tag: after 16 counts of the last part A when facing 3:00, RF stomp forward when music freeze, listen to the conversation and act accordingly, during the course turn the body facing 12:00, and shortly after the word "you can't", shift weight on LF and freeze, this counts as (1) of part B, and continue with rest of part B.

The dance ends at count 13 of part B facing 3:00 which is a freeze posture.

Enjoy the fun popping!

Contact: rex.chuan@gmail.com
