

Mama Angels

拍数: 32 墙数: 2 级数: Beginner
编舞者: Angeles Fernandez Madero (ARG) - July 2018
音乐: Mama Tried - Merle Haggard



Step sheet by: Xavi Barrera

HEEL, TOE, SHUFFLE, HEEL, TOE, SHUFFLE

- 1- Touch right heel forward
- 2- Touch right toe back
- 3- Step right forward
- &- Step left behind the right
- 4- Step right forward
- 5- Touch left heel forward
- 6- Touch left toe back
- 7- Step left forward
- &- Step right behind the left
- 8- Step left forward

STOMP, ¼ TURN PIVOT, STOMP, ¼ TURN PIVOT, JAZZBOX, STOMP

- 9- Stomp right forward
- 10- Pivot ¼ turn to the left, on to the left foot
- 11- Stomp right forward
- 12- Pivot ¼ turn to the left, on to the left foot
- 13- Cross right over the left
- 14- Step left short-back
- 15- Step right to the right
- 16- Stomp left beside the right

SIMPLE STEPS

- &- Step right to the right
- 17- Touch left beside the right
- &- Step left to the left
- 18- Touch right beside the left
- &- Step right to the right
- 19- Step left beside the right
- &- Step right to the right
- 20- Touch left beside the right
- &- Step left to the left
- 21- Touch right beside the left
- &- Step right to the right
- 22- Touch left beside the right
- &- Step left to the left
- 23- Step right beside the left
- &- Step left to the left
- 24- Step right beside the left

SWIVELS, STOMP x 2, SWIVELS, STOMP x 2

- 25- Move right toe to the right
- &- Mover right heel to the right
- 26- Move right toe to the right
- 27- Stomp left beside the right

- 28- Stomp left beside the right
- 29- Move left toe to the left
- &- Move left heel to the left
- 30- Move left toe to the left
- 31- Stomp right beside the left
- 32- Stomp right beside the left

Restart

Submitted by - Xavi Barrera: xavier_barrera@hotmail.com
