

# I'm Blessed

**COPPER KNOB**  
BY STEPSHEETS

拍数: 48                      墙数: 2                      级数: Improver Soul  
编舞者: LaMonte Frierson - July 2018  
音乐: I'm Blessed - Charlie Wilson : (Album: In It To Win It - 4:04)



Step sheet prepared by Harry Woods

#32 count intro, support on left

## SECTION 1: TAP, TOGETHER, TAP, TOGETHER, TAP, TOGETHER, TAP, TOGETHER

1-2                      Bending left knee slightly tap right slightly forward, straightening left knee step right together  
3-4                      Bending right knee slightly tap left slightly forward, straightening right knee step left together  
5-6                      Bending left knee slightly tap right slightly forward, straightening left knee step right together  
7-8                      Bending right knee slightly tap left slightly forward, straightening right knee step left together

## SECTION 2: SAILOR, SAILOR, SWAY, SWAY, SWAY, SWAY

1&2                      Step right behind left, step left to side, replace right  
3&4                      Step left behind right, step right to side, replace left  
5-8                      Sway right, sway left, sway right, sway left

## SECTION 3: POINT TOUCH, POINT, KNEE LIFT, STEP, POINT TOUCH, POINT, KNEE LIFT, STEP

1&2                      Point right to side, touch right beside left, point right to side  
3-4                      Lift right knee, step right forward  
5&6                      Point left to side, touch left beside right, point left to side  
7-8                      Lift left knee, step left forward

## SECTION 4: BACK, POINT, BACK, POINT, BACK, POINT, BACK, POINT

1-2                      Step right back, point left forward  
3-4                      Step left back, point right forward  
5-6                      Step right back, point left forward  
7-8                      Step left back, point right forward

## SECTION 5: CROSS SIDE, KICK BALL, CROSS SIDE, STOMP, BODY ROLL, BODY ROLL

1&2&                      Step right across left, step left to side, kick right heel diagonally right, step ball of right beside left  
3&4                      Step left across right, step right to side then turn slightly left, stomp left beside right  
5-6                      Body roll  
7-8                      Body roll

## SECTION 6: CROSS SIDE, KICK BALL, CROSS SIDE, STOMP (TURN ¼), SIDE ROCK, RECOVER (TURN ¼), SIDE ROCK, RECOVER

1&2&                      Step right across left, step left to side, kick right heel diagonally right, step ball of right beside left  
3&4                      Step left across right, step right to side then turn slightly left, stomp left beside right then turn ¼ left  
5-6                      Rock right to side, recover left then turn ¼ left  
7-8                      Rock right to side, recover left

**REPEAT**

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